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Editorial Board of *World Journal of Hepatology*
Room 903, Building D, Ocean International Center,
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Telephone: +86-10-85381892
Fax: +86-10-85381893
E-mail: wjh@wjgnet.com
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Treatment strategy for colorectal cancer with resectable synchronous liver metastases: Is any evidence-based strategy possible?

Luca Viganò

Luca Viganò, Department of HPB and Digestive Surgery, Ospedale Mauriziano "Umberto I", Torino 10128, Italy
Author contributions: Viganò L. Solely contributed to this paper.
Correspondence to: Luca Viganò, MD, Department of HPB and Digestive Surgery, Ospedale Mauriziano "Umberto I", Largo Turati 62, Torino 10128, Italy. lvigano@ymail.com
Telephone: +39-11-5082590 Fax: +39-11-5082592
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Abstract

Fifteen percent to twenty-five percent of patients affected by colorectal cancer presents with liver metastases at diagnosis. In resectable cases, surgery is the only potentially curative treatment and achieves survival rates up to 50% at 5 years. Management is complex, as colorectal resection, liver resection, chemotherapy, and, in locally advanced mid/low rectal tumors, radiotherapy have to be integrated. Modern medical practice usually relies on evidence-based protocols. Levels of evidence for synchronous metastases are poor: published studies include few recent prospective series and several retrospective analyses collecting a limited number of patients across long periods of time. Data are difficult to be generalized and are mainly representative of single centre's experience, biased by local recruitment, indications and surgical technique. In this context, surgeons have to renounce to "evidence-based medicine" and to adopt a sort of "experience-based medicine". Anyway, some suggestions are possible. Simultaneous colorectal and liver resection can be safely performed whenever minor hepatectomies are planned, while a case-by-case evaluation is mandatory in case of more complex procedures. Neoadjuvant chemotherapy is preferentially scheduled for patients with advanced metastatic tumors to assess disease biology and to control lesions. It can be safely performed with primary

tumor *in situ*, even planning simultaneous resection at its end. Locally advanced mid/low rectal tumor represents a further indication to neoadjuvant therapies, even if treatment's schedule is not yet standardized. In summary, several issues have to be solved, but every single HPB centre should define its proper strategy to optimize patient's selection, disease control and safety and completeness of surgery.

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Key words: Synchronous liver metastases; Colorectal liver metastases; Liver surgery; Simultaneous colorectal and liver resection; Preoperative chemotherapy; Up-front chemotherapy; Neoadjuvant chemo-radiotherapy; Locally advanced rectal cancer; Survival

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INTRODUCTION

Fifteen to 25% of patients affected by colorectal cancer presents with liver metastases at diagnosis^[1,2]. In resectable cases, surgery is the only potentially curative treatment^[3-5] and achieves survival rates up to 50% at 5 years^[6,7]. Management is complex, as colorectal resection, liver resection, chemotherapy, and, in locally advanced mid/low rectal tumors, radiotherapy have to be integrated.

Modern medical practice usually relies on evidence-based protocols. Levels of evidence for synchronous metastases are poor: published studies include few recent prospective series and several retrospective analyses collecting a limited number of patients across long periods of time. Data are difficult to be generalized and are mainly representative of single centre's experience, biased by local recruitment, indications and surgical technique. In this context, surgeons have to renounce to "evidence-based medicine" and to adopt a sort of "experience-based medicine"^[8].

SIMULTANEOUS COLORECTAL AND LIVER RESECTION: IS IT BENEFICIAL OR DETRIMENTAL?

The timing of colorectal and liver surgery (simultaneous *vs* staged) has been debated since the 1980s. Theoretically, simultaneous resections have an increased risk of both anastomotic leak (splanchnic congestion after liver surgery) and liver failure (septic complications due to the combination of "clean" and "contaminated" procedures)^[9-11]. These fears had not been confirmed in recent studies that reported similar outcomes after simultaneous and delayed resections^[7,12-19]. Anyway, the debate is still open: favorable data concerned "easy" resections. What about simultaneous major hepatectomies?

The largest available series are summarized in Table 1. In 2007, Capussotti *et al*^[20] compared 31 simultaneous major liver resections with 48 staged ones. Mortality rates were similar in the two groups; considering the two hospitalizations of delayed resections, morbidity and hospital stay resulted even lower in the simultaneous group (33% *vs* 56% and 14 d *vs* 20 d, respectively). These data have been recently confirmed by a few other series^[15,21]. On the contrary, a US multicentre database reported increased mortality and morbidity rates after simultaneous major hepatectomy (8% *vs* 1% and 44% *vs* 27%, respectively)^[18]. How to conciliate these discrepancies? It is an unsolved question. Simultaneous resections can be neither recommended nor contraindicated. Obviously, patient's selection is mandatory to achieve good outcomes. Particular attention should be paid to the elderly patients, who experienced the worst outcomes^[22,23]. Thus, in the absence of evidence and avoiding dogmatic positions, every single centre may adopt its proper preferred policy.

PREOPERATIVE CHEMOTHERAPY: SYSTEMATIC VS SELECTIVE INDICATIONS

Even if surgery is the optimal treatment of patients with colorectal metastases, some resectable patients do not benefit from immediate resection because of rapidly progressive disease or of microscopic neoplastic foci that lead to early recurrence^[24,25]. How to select good

candidates? A time test, i.e., an interval of time before resection, has been proposed. At present, neoadjuvant chemotherapy is the standard time test, allowing tumor biology evaluation, disease control and microscopic foci sterilization^[26].

Despite strong theoretical advantages, practical evidences are weak. In 2008 a RCT compared outcomes of patients undergoing surgery with or without perioperative chemotherapy: treated patients had higher disease-free survival rates, but effects of pre- and postoperative chemotherapy resulted indistinguishable^[26]. Two retrospective series, specifically focused on synchronous metastases, failed to demonstrate any survival advantage in patients receiving systematic neoadjuvant treatments^[27,28].

Selective indications might be adopted. The presence of more than three lymph node metastases has been proposed, but this criterion is difficult to be preoperatively ascertained^[29]. In 2007 a study by the author's centre demonstrated that preoperative treatment was useful for selecting patients with T4 primary tumors or with more than three metastases^[30]. Additional indications can be proposed on a logical basis: ill-located lesions (disease shrinkage enables easier R0 resection) and presence of extra-hepatic disease. Further studies are needed to codify these indications.

IS SIMULTANEOUS COLORECTAL AND LIVER SURGERY SYNONYMOUS FOR IMMEDIATE RESECTION?

If neoadjuvant chemotherapy is scheduled, the commonest strategy is colorectal surgery followed by chemotherapy, and then liver surgery^[31,32]. In the past, the anticipated risk of intestinal occlusion while on therapy precluded any possibility to plan simultaneous resection at the end of treatment. Some authors even criticized simultaneous surgery because of the impossibility to perform any patient's selection^[24,25,33].

At present, simultaneous resection is no more synonymous for immediate resection at diagnosis. Recent series demonstrated that up-front chemotherapy with primary tumor *in situ* could be safely administered in unresectable patients^[34-40]. The occlusion risk is low, mainly thanks to the effectiveness of modern chemotherapies on primary tumor (Table 2). Furthermore, endoscopic metallic stents may treat symptomatic patients before chemotherapy or even while on treatment^[41].

Similar outcomes can be expected in resectable patients. However, only few published simultaneous resections have been preceded by chemotherapy. In the author's centre this strategy has been regularly applied since many years. A retrospective analysis of 40 consecutive patients scheduled for up-front chemotherapy followed by simultaneous colorectal and hepatic resection between 2005 and 2009 demonstrated that a disease control was achieved in 97.5% of patients, an obstructive syndrome occurred in only 7.5%, a simultaneous resection was

Table 1 Outcome of simultaneous *vs* staged major liver resections

Author	Year	Patients		Mortality			Morbidity		
		SimRes	Del	SimRes (%)	Del (%)	P value	SimRes (%)	Del (%)	P value
Martin <i>et al</i> ^[15]	2003	45	76	4	4	NS	60	70	0.03
Thelen <i>et al</i> ^[22]	2007	15	142	26.7	1.4	0.0007	NR	NR	
Reddy <i>et al</i> ^[18]	2007	36	291	8.3	1.4	0.03	44.4	26.8	0.04
Capussotti <i>et al</i> ^[20]	2007	31	48	3.2	0	NS	32.6	56.3	0.04
de Santibañes <i>et al</i> ^[23]	2010	42	-	4.7	-	-	37.2	-	-
Luo <i>et al</i> ^[21]	2010	44	133	NR	NR		56.8	57.1	NS

¹In delayed liver resections, morbidity of both hospitalizations (colorectal surgery and liver surgery) is considered; ²Simultaneous colorectal and major liver resection *vs* other isolated liver resections. SimRes: Simultaneous colorectal and major liver resection; Del: Delayed major liver resection; NR: Data not reported; NS: Not significant.

Table 2 Outcome of “Up-front chemotherapy” strategy: risk of emergency surgery while on treatment *n* (%)

Author	Year	Patients	Resectable at diagnosis	Oxaliplatin- or Irinotecan-based chemotherapy (%)	Emergency surgery
Benoist <i>et al</i> ^[37]	2005	27	No	67	4 (14.8)
Muratore <i>et al</i> ^[38]	2007	35	No	100	1 (2.8)
Poultides <i>et al</i> ^[39]	2009	233	No	100	16 (7)
Karoui <i>et al</i> ^[40]	2011	123	No	90	15 (12.1)
Viganò/Capussotti ¹	2012	40	Yes	100	3 (7.5)

¹Unpublished data.

feasible in 95%, and the 3-year survival rate was 75% (unpublished data). These promising results need to be validated by larger prospective studies.

METASTATIC LOCALLY ADVANCED MID/LOW RECTAL CANCER: WHAT ABOUT RADIOTHERAPY?

Neoadjuvant chemo-radiotherapy is the gold standard for patients with non-metastatic locally advanced (T3-4 and/or N+) mid/low rectal cancer to reduce local relapse^[42,43]. The inclusion of radiotherapy in the treatment of metastatic patients presents some problems, as high-dose systemic chemotherapy regimens are needed to control hepatic disease, but chemotherapy doses must be reduced in association with radiations in order to limit toxicity^[44]. Currently, there is no consensus about the optimal treatment.

In 2006, Mentha *et al*^[45] proposed a “reverse” strategy, i.e., a two-stage surgery with liver resection as the first procedure. It easily enables the inclusion of radiations before rectal surgery (the second surgical step). Encouraging results were reported (4-year survival rate of 56%). In 2001 a cooperative study between the author’s centre and the Cherqui one (Henri Mondor Hospital, Créteil, France) collected 36 patients^[46]. The adopted strategy was up-front neoadjuvant chemotherapy and/or chemo-radiotherapy, according to liver disease extension, followed by simultaneous rectal and liver resection. Five-year survival rate was 59% and no pelvic recurrence occurred among patients who correctly completed the treatment

strategy. Further, systemic chemotherapy achieved primary tumor downsizing in most cases, questioning the real need for radiations.

Stronger evidences are needed to consider any possible strategy as the optimal one.

CONCLUSION

No evidence-based conclusions can be drawn, but some suggestions are possible. Simultaneous colorectal and liver resection can be safely performed whenever minor hepatectomies are planned, while a case-by-case evaluation is mandatory in case of more complex procedures. Neoadjuvant chemotherapy is preferentially scheduled for patients with advanced metastatic tumors to assess disease biology and to control lesions. It can be safely performed with primary tumor *in situ*, even planning simultaneous resection at its end. Locally advanced mid/low rectal tumor represents a further indication to neoadjuvant therapies, even if treatment’s schedule is not yet standardized.

Several issues have to be solved, but every single HPB centre should define its proper strategy to optimize patient’s selection, disease control and safety and completeness of surgery.

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Relationship between vitamin D and IL-23, IL-17 and macrophage chemoattractant protein-1 as markers of fibrosis in hepatitis C virus Egyptians

Noha M El Husseiney, Hala M Fahmy, Waleed A Mohamed, Hisham H Amin

Noha M El Husseiney, Hala M Fahmy, Internal Medicine Department, Faculty of Medicine, Cairo University, Cairo 11111, Egypt

Waleed A Mohamed, Department of Chemistry, Cairo University, Cairo 12534, Egypt

Hisham H Amin, Clinical Pathology Department, Faculty of Medicine AL Azhar University, Cairo 15533, Egypt

Author contributions: El Husseiney NM did the statistics and wrote the manuscript; Mohamed WA put the idea of the research, collected the data and did the laboratory work; Fahmy HM participated in the idea of the research and participated in writing the manuscript; Amin HH participated in the laboratory work and data collection.

Correspondence to: Noha M El Husseiney, MD, Department of Internal Medicine, Faculty of Medicine, Cairo University, Cairo 11111, Egypt. dr_noha2002@yahoo.com

Telephone: +20-100-6803571 Fax: +20-223-667260

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Abstract

AIM: To assess vitamin D in hepatitis C patients and its relationship to interleukin (IL)-23, IL-17, and macrophage chemoattractant protein-1 (MCP-1).

METHODS: The study was conducted on 50 Egyptian hepatitis C virus (HCV) genotype number IV-infected patients and 25 age- and gender-matched healthy subjects. Venous blood samples were obtained. Samples were allowed to clot and sera were separated by centrifugation and stored at -20 °C. A 25 hydroxy vitamin D assay was carried out using solid phase RIA. A 1,25 dihydroxy vitamin D assay was carried out using a commercial kit purchased from Incstar Corporation. IL-17 and -23 and MCP-1 were assayed by an enzyme immunoassay. Quantitative and qualitative polymerase chain reaction for HCV virus were done by TaqMan technology. Only HCV genotype IV-infected subjects

were included in the study. The mean \pm SD were determined, a *t*-test for comparison of means of different parameters was used. Correlation analysis was done using Pearson's correlation. Differences among different groups were determined using the Kruskal-Wallis test.

RESULTS: The mean vitamin D level in HCV patients (group I) was 15 ± 5.2 ng/mL while in control (group II) was 39.7 ± 10.8 . For active vitamin D in group I as 16.6 ± 4.8 ng/mL while in group II was 41.9 ± 7.9 . IL-23 was 154 ± 97.8 in group I and 6.7 ± 2.17 in group II. IL-17 was 70.7 ± 72.5 in cases and 1.2 ± 0.4 in control. MCP-1 was 1582 ± 794.4 in group I and 216.1 ± 5.38 in group II. Vitamin D deficiency affected 72% of HCV-infected patients and 0% of the control group. Vitamin D insufficiency existed in 28% of HCV-infected patients and 12% of the control group. One hundred percent of the cirrhotic patients and 40% of non cirrhotic HCV-infected patients had vitamin D deficiency. IL-23, IL-17, and MCP-1 were markedly increased in HCV-infected patients in comparison to controls. A significant negative correlation between vitamin D and IL-17 and -23 and MCP-1 was detected. HCV-infected males and females showed no differences with respect to viral load, vitamin D levels, IL-17, IL-23 and MCP-1. The viral load was negatively correlated with vitamin D and active vitamin D ($P = 0.0001$ and $P = 0.001$, respectively), while positively correlated with IL-23, IL-17, and MCP-1. We classified the patients according to sonar findings into four groups. Group I a with bright hepatomegaly and included 14 patients. Group I b with perihepatic fibrosis and included 11 patients. Group I c with liver cirrhosis and included 11 patients. Group I d with hepatocellular carcinoma (HCC) and included 14 patients. Vitamin D and active vitamin D were shown to be lower in cirrhotic patients and much lower in patients with HCC, and this difference was highly significant ($P = 0.0001$). IL-17 and -23 and MCP-1 were higher in advanced liver disease) and the differences were highly significant ($P = 0.0001$).

CONCLUSION: Whether the deficiency of vitamin D is related to HCV-induced chronic liver disease or predisposing factor for higher viral load is a matter of debate.

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Key words: Vitamin D; Macrophage chemoattractant protein-1; Liver cirrhosis; Interleukin-23; Interleukin-17; Liver cirrhosis

Peer reviewers: Yasemin Hatice Balaban, Professor, Hacettepe University, Medical Faculty Internal Medicine Department, Gastroenterology Unit, Ankara 06100, Turkey; Ajith TA, PhD, Assistant Professor of Biochemistry, Department of Biochemistry, Amala Institute of Medical Sciences, Amala Nagar, Thrissur, 680 555, India

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INTRODUCTION

Vitamin D is a critical regulator of immunity, playing a role in both innate and cell-mediated immune responses. Vitamin D suppresses the production of T helper (Th)1 cytokines, such as interferon- γ (IFN- γ) and interleukin (IL)-2, and consequently leads to enhanced production of Th2 cytokines, such as IL-4 and -5, thus potentially promoting humoral immune responses. Vitamin D also promotes innate immunity by directly inducing the gene expression of antimicrobial peptides (cathelicidin and β -defensin 2) in various human cell types^[1-4].

Vitamin D deficiency has been shown to be associated with several immune-mediated diseases, and susceptibility to infection and cancer. In fact, a 25(OH)D concentration < 50 nmol/L (20 ng/mL) is an indication of vitamin D deficiency, whereas a 25(OH)D concentration of 51-74 nmol/L (21-29 ng/mL) is considered to indicate insufficiency^[5,6].

IL-23, in conjunction with IL-6 and transforming growth factor β (TGF- β), stimulates the differentiation of Th17 cells with subsequent production of IL-17^[7]. IL-17 is a cytokine that acts as a potent mediator in delayed-type reactions by increasing chemokine production in various tissues to recruit monocytes and neutrophils to the site of inflammation, similar to IFN- γ . IL-17 acts synergistically with tumor necrosis factor (TNF) and IL-1^[8].

Chronic hepatic cirrhotic patients with genotype 1 have low 25(OH)D serum levels. Low vitamin D is linked to severe fibrosis and a low sustained virologic response (SVR) on IFN-based therapy^[9,10].

There is interesting preliminary data that indicate that 1,25(OH)₂D₃ suppresses Th17 driven cytokine responses, induces Treg cells, induces IL-4 production (Th2

and enhances natural killer T-cell function; differentiation and maturation of B cells is also inhibited. In addition, treatment with vitamin D receptor (VDR) agonists inhibits the T-cell production of IL-17. Furthermore, IL-17 production is sustained by IL-23, an IL-12 family member, the latter of which is strongly inhibited by VDR agonists^[11].

Also, 1,25(OH)₂D₃ has been shown to inhibit macrophage chemoattractant protein-1 (MCP-1)-driven inflammatory process by blocking nuclear factor- κ B activation. MCP-1 is expressed in injury and inflammation and leads to direct macrophage recruitment^[12].

Hepatitis C virus (HCV) is remarkably efficient at establishing persistent infections, suggesting that HCV has evolved one or more strategies aimed at evading the host immune response. T cell responses, including IFN- γ production, are severely suppressed in patients with chronic HCV infections^[13].

Aim of the study: To assess the relationship between vitamin D and markers of inflammation in HCV infected patients and measure the degree of this relation to viral load and degree of fibrosis.

MATERIALS AND METHODS

The study approved by Ethical Committee. The study included 50 patients with HCV-related chronic liver disease with a minimum duration of 7 years (group I), who attended the Hepatology Outpatient Clinic, Endemic Disease Hospital, Faculty of Medicine, Cairo University.

Collection of patients required 4 mo. Inclusion criteria were based on previous history of liver disease with HCV infection of both sexes, whether new patients or under follow up were included. Isolated HBV or coinfection with HBV and HIV infected patients were excluded.

Group I included 36 males (72%) and 14 females (28%), ranging in age from 30-65 years, with a mean age of 47.5 years. Twenty-five age- and gender-matched healthy subjects were included as a control group (group II). The controls had liver functions and abdominal U/S and test for HCV antibodies which were all normal. Informed consent was obtained from the patients and controls regarding all the procedures done.

All patients were subjected to thorough history-taking and a clinical examination. Abdominal ultrasonography was performed on all patients, and according to the results, patients were classified into 4 subgroups as follows: 14 patients with bright hepatomegaly; 11 patients with perihepatic fibrosis; 11 patients with hepatic cirrhosis; and 14 patients with hepatocellular carcinoma (HCC) and cirrhosis.

Venous blood samples were obtained after overnight fasting from all patients. Samples were allowed to clot and sera were separated by centrifugation and stored at -20 °C.

A 25 hydroxy vitamin D assay was carried out using a commercial kit purchased from (Medgenix Diagnostics S.A. Zoning Industrial. B-6220 Fleurus, Belgium; Mawer,

1980) using solid phase RIA. A 1,25 dihydroxy vitamin D assay was carried out using a commercial kit purchased from Incstar Corporation (Stillwater, MN USA; Hollis, 1986). IL-17 and -23 and MCP-1 were assayed by an enzyme immunoassay (Biosource Europe S.A). Quantitative and qualitative PCR for HCV virus were done by TaqMan technology. Only HCV genotype IV-infected subjects were included in the study.

Statistics

SPSS (version 15) was used for statistic measures of this study. The mean \pm SD were determined, a *t*-test for comparison of means of different parameters was used. Correlation analysis was done using Pearson's correlation. Differences among different groups were determined using the Kruskal-Wallis test.

RESULTS

Vitamin D deficiency, defined as a serum vitamin D level < 20 ng/mL, was present in 36 patients (72%) and none (0%) of the control group. Vitamin D insufficiency (20–29 ng/mL) existed in 14 (28%), HCV-infected patients and 3 (12%) subjects in the control group. Furthermore, 25 (100%) cirrhotic patients had vitamin D deficiency and 10 (40%) non-cirrhotic HCV-infected cases. Table 1 shows the laboratory data of the study groups and demonstrates a statistically significant difference with respect to vitamin D and its active form, IL-23, and IL-17 between both groups. The viral load mean was $128\,000 \pm 28\,000$ IU/mL.

Table 2 demonstrates the correlation between different parameters in HCV-infected subjects and controls. There was significant negative correlation between vitamin D and viral load, IL-23, IL-17 and MCP-1. Meanwhile there was a positive correlation between viral load and IL-17, IL-23 and MCP-1. Table 3 shows the studied parameters in HCV-infected patients when classified into 2 subgroups according to gender. Figure 1 show correlations between vitamin D and IL-23, IL-17, and viral load, respectively. Table 4 demonstrates the laboratory data in the four subgroups of HCV-infected patients. Vitamin D and active vitamin D were shown to be lower in cirrhotic patients and much lower in patients with HCC, and this difference was highly significant ($P = 0.0001$). IL-17 and -23 and MCP-1 were higher in advanced liver disease) and the differences were highly significant ($P = 0.0001$).

DISCUSSION

The liver plays a central role in vitamin D metabolism. Vitamin D inadequacy is common in non-cholestatic chronic liver diseases and correlates with disease severity. The current study showed a significant reduction of vitamin D and its active metabolites in HCV genotype 4-infected patients compared to healthy controls. This reduction was more prevalent and severe in cirrhotic *vs* non-cirrhotic patients. This is consistent with previous

Table 1 Laboratory data of study groups

Item	Group I (HCV infected subjects)	Group II (controls)
25(OH) vit D (ng/mL)	15 ± 5.2^a	39.7 ± 10.8
1,25(OH) vit D (ng/mL)	16.6 ± 4.8^a	41.9 ± 7.9
IL-23 (ng/mL)	154 ± 97.8^a	6.7 ± 2.17
IL-17 (ng/mL)	70.7 ± 72.5^a	1.2 ± 0.4
MCP-1 (ng/mL)	1582 ± 794.4^a	216.1 ± 5.38

^a $P < 0.0002$. Vit: Vitamin; IL: Interleukin; HCV: Hepatitis C virus; MCP-1: Macrophage chemoattractant protein-1.

Table 2 Correlations between different parameters in hepatitis C virus infected subjects

Items	R	P value
Vit D, viral load	-0.84	0.000
Active D, viral load	-0.846	0.000
Vit D and IL-23	-0.776	0.000
Active D and IL-23	-0.801	0.000
Vit D and IL-17	-0.665	0.000
Active D and IL-17	-0.679	0.000
IL-17 and viral load	0.951	0.000
IL-23 and viral load	0.922	0.000
MCP-1 and viral load	0.94	0.000
MCP-1 and vitamin D	-0.94	0.000
MCP-1 and active D	-0.92	0.000

Vit: Vitamin; IL: Interleukin; MCP-1: Macrophage chemoattractant protein-1.

Table 3 Differences between male and female subgroups of the hepatitis C virus infected patients

Item	Male group (<i>n</i> = 27)	Female group (<i>n</i> = 23)	P value
Vit D (ng/mL)	15.0 ± 5.12910	15.0 ± 5.6	1
Active vit D (ng/mL)	16.6 ± 4.5	16.6 ± 5.3	0.96
Viral load (IU/mL)	126.8 ± 98.6	129.3 ± 102.6	0.93
IL-23 (ng/mL)	152.4 ± 96.6	156.1 ± 101.3	0.92
IL-17 (ng/mL)	69.8 ± 69.2	71.9 ± 77.6	0.9
MCP-1 (ng/mL)	1575.7 ± 765.4	1589.4 ± 844.5	0.9

Vit: Vitamin; IL: Interleukin; MCP-1: Macrophage chemoattractant protein-1.

studies done on patients with genotype 1, which showed that vitamin D deficiency is universal (92%) among patients with chronic liver disease, and at least one-third of the patients have severe vitamin D deficiency^[14–16].

Our results showed that IL-23 and -17 were markedly increased in HCV-infected patients in comparison to controls. Regulation of Th1 and Th17 responses in HCV-infected individuals was studied, and it was reported that TGF- β and IL-6 promote differentiation of naive murine CD4⁺ T cells into IL-17-secreting Th17 cells. In addition, it has been reported that other innate cytokines, including IL-1, IL-23, TNF- α , and IL-21, in different combinations or with TGF- β , are also involved in differentiation, amplification, or stabilization of the Th17 phenotype^[17,18].

Table 4 Laboratory data in the four subgroups of hepatitis C virus infected subjects

Item	Group I a (bright hepatomegaly) (n = 14)	Group I b (perihepatic fibrosis) (n = 11)	Group I c (liver cirrhosis) (n = 11)	Group I d (HCC) (n = 14)	Normal (n = 25)	P value
IL-17 (ng/mL)	7.6	5.1	115.9	150.3	1.26	0.000
IL-23 (ng/mL)	76.8	51.2	259.3	225.9	6.7	0.000
Vit D (ng/mL)	19.8	19.4	10.9	9.7	39.1	0.000
Active vit D (ng/mL)	20.6	21	13	11.7	41.1	0.000
Viral load (IU/mL)	66.3	42.4	165.1	231.1	0	0.000
MCP-1 (ng/mL)	910.3	838.8	2090.9	2448	237.34	0.000

Vit: Vitamin; IL: Interleukin; MCP-1: Macrophage chemoattractant protein-1; HCC: Hepatocellular carcinoma.

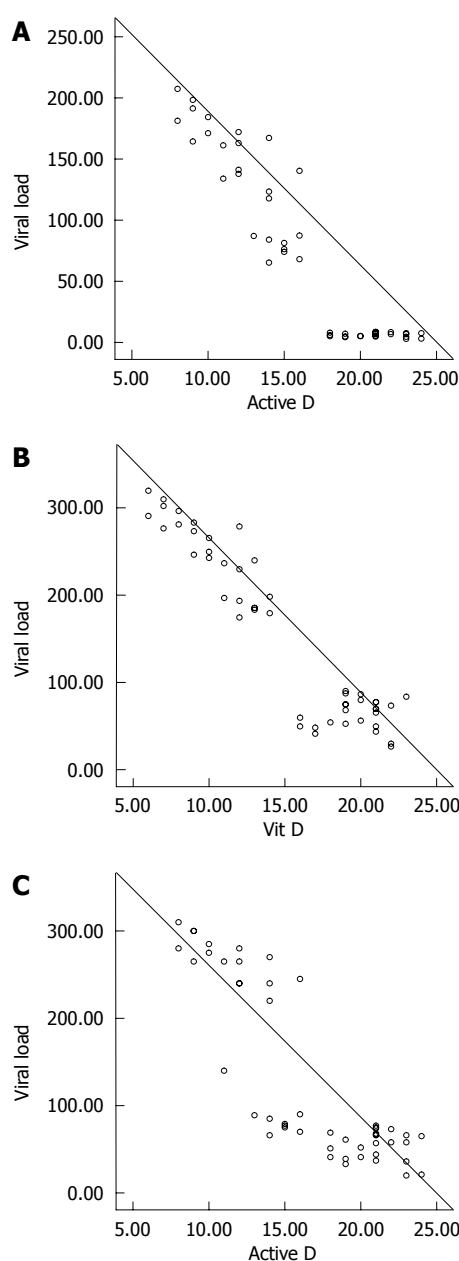


Figure 1 Correlation between vitamin D (ng/mL) and interleukin-17 (ng/mL) (A), interleukin-23 (B) and viral load (C).

Our study reported that there is a significant negative correlation between vitamin D and IL-17 and -23.

Previous studies on mice showed that vitamin D is a strong inhibitor of Th17 polarization and Th17 cytokine expression of splenic CD4+ T cells. Furthermore, Th17 differentiation from naïve T cells was affected by vitamin D. These data implicate a regulatory mechanism on Th17 cells by vitamin D, through the reduction of ROR γ t expression^[19].

The effect of vitamin D on the behavior of Th17 cells was investigated in different diseases and it was found that vitamin D suppressed the expression of IL-17 and -23^[20-23].

We reported a positive correlation between IL-23 and -17 with viral load, a finding which further support our suggestion regarding the link between vitamin D and both IL-17 and -23 in immune regulation in HCV genotype IV-related chronic liver disease. These findings may support our suggestion that increased IL-17 and -23 could be, at least in part, involved in the role of vitamin D in the immune response in HCV genotype IV-related liver disease and explain how vitamin D deficiency plays a role in increasing liver fibrosis.

Our results revealed HCV-infected males and females had no differences with respect to vitamin D levels. In contrast with our results, Arteh *et al*^[24] who reported that African American females with chronic liver disease are at higher risk of vitamin D deficiency.

Our study showed that the viral load mean value was $1.28 \times 10^5 \pm 28 \times 10^3$ IU/mL. A significant negative correlation was reported between vitamin D and active vitamin D and viral load ($P = 0.0001$ and $P = 0.001$, respectively).

Vitamin D is an important immune modulator and preliminary data indicated an association between vitamin D deficiency and SVR rates in HCV as reduced 25-hydroxyvitamin D levels and CYPB27-1260 promoter polymorphism with reduced 1,25-dihydroxyvitamin D levels are associated with failure to achieve SVR in HCV genotypes 1-, 2-, and 3-infected patients^[9,25]. Our HCV patients with genotype IV need further follow up to confirm the effect of vitamin D deficiency on their responses to treatment.

There was a significant increase in level of MCP-1 in our patients with all grades of hepatic affection in comparison to controls. Similar results were reported by Camps *et al*^[26]. However, Panasiuk *et al*^[27] reported a de-

crease in the MCP-1 level in liver cirrhosis in comparison to the controls and did not reflect any inflammatory process in liver cirrhosis. More studies are needed to explore this point of controversy.

Our results also revealed a significant negative correlation between vitamin D and MCP-1. This supports the role of decreased vitamin D in inflammation and fibrosis. No previous work in hepatic patients studied this relationship. However, Zehnder *et al.*^[28] reported that reduction of the vitamin D hormonal system in kidney disease was associated with increased renal inflammation and fibrosis. Zehnder *et al.*^[28] reported a significant negative correlation between vitamin D and MCP-1. Logistic regression analysis with urinary MCP-1 as a binary outcome showed that a 10-unit increase in serum 1,25(OH)₂D or 25OHD resulted in lower renal inflammation^[28].

On classifying HCV-infected patients according to sonar finding into four groups, vitamin D and active vitamin D were shown to be lower in cirrhotic patients and much lower in patients with HCC, and this difference was highly significant ($P = 0.0001$). IL-17 and -23 and MCP-1 were higher in advanced liver disease and the differences were highly significant ($P = 0.0001$). These findings are concomitant with previous results which indicate that vitamin D inadequacy is common in non-cholestatic chronic liver diseases and correlates with disease severity^[14]. The difference in viral load among these groups may explain in part the difference in levels of inflammatory cytokines.

In conclusion, vitamin D deficiency is prevalent in HCV genotype IV-infected patients and viral load is negatively correlated to vitamin D. Whether or not this deficiency is related to HCV-induced chronic liver disease or predisposing factor for higher viral load is a matter of debate. In view of the immune function of vitamin D, vitamin D status may be assessed and supplements may be considered to achieve a SVR with IFN-based therapy. The negative correlation between vitamin D and IL-23 and -17 and MCP-1 may highlight, at least in part, how these cytokines might be involved with vitamin D in immune responses in HCV genotype IV-related liver disease and may explain how vitamin D deficiency plays a role in increasing liver fibrosis.

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COMMENTS

Background

Vitamin D receptor (VDR) is found in significant concentrations in the T lymphocyte and macrophage populations. However, the highest concentration of VDR is in the immature immune cells of the thymus and the mature CD-8 T lymphocytes.

Research frontiers

This study highlights the relationship between interleukin (IL)-23, IL-17 and

macrophage chemoattractant protein-1 (MCP-1) with vitamin D in patients with hepatitis C virus (HCV).

Innovations and breakthroughs

In view of the immune function of vitamin D, vitamin D status may be assessed and supplements may be considered to achieve a sustained virologic response with interferon-based therapy. The negative correlation between vitamin D and IL-23 and -17 and MCP-1 may highlight, at least in part, how these cytokines might be involved with vitamin D in immune responses in HCV genotype IV-related liver disease and may explain how vitamin D deficiency plays a role in increasing liver fibrosis.

Applications

IL-23, IL-17 and MCP-1 can be used as markers of degree of liver fibrosis. Vitamin D supplements may improve immune response and delays fibrosis induced by HCV.

Peer review

Authors studied the relation between serum vitamin D levels and HCV related liver disease. They detected a strong correlation with severity fibrosis, treatment response and cytokine levels which has been also shown previously.

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A rare cause of drug-induced hepatitis in an immunocompromised patient and the role of glutathione

Viplove Senadhi, Deepika Arora, Manish Arora, Franklin Marsh

Viplove Senadhi, Division of Gastroenterology and Hepatology and Brater Scholar, Indiana Institute for Personalized Medicine, Indiana University School of Medicine, Indianapolis, IN 46202, United States

Deepika Arora, Elmhurst Hospital/Mount Sinai School of Medicine, New York City, New York, NY 10005, United States

Manish Arora, Division of Gastroenterology and Hepatology, University of Maryland and National Institute of Health, Baltimore/Washington DC, MD 21742, United States

Franklin Marsh, Division of Gastroenterology and Hepatology, New York Hospital-Weill Cornell Medical Center, New York City, New York, NY 10005, United States

Author contributions: Senadhi V wrote the entire manuscript, performed the literature review, including all references, incorporated it into the manuscript, modified the initial abstract to its final form, modified a poster presentation to its final form, including the table and performed all revisions and editing of the paper; Arora D wrote the initial abstract, constructed the table, created and presented the final poster presentation; Arora M also reviewed the manuscript and incorporated suggestions throughout the abstract and manuscript process; Marsh F was the mentor author and incorporated suggestions throughout the abstract/manuscript process.

Correspondence to: Dr. Viplove Senadhi, Department of Gastroenterology and Hepatology, Indiana University School of Medicine, 1050 Wishard Blvd, RG 4100, Indianapolis, IN 46202, United States. vsenadhi@hotmail.com

Telephone: +1-317-2780402 Fax: +1-678-6235999

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common outpatient laboratory abnormality is elevated liver transaminases, a sign of hepatocellular toxicity; it is not surprising that some of these products end up causing hepatic dysfunction, especially when taken in large volume. There are numerous herbal supplements that are hepatotoxic, however, these medications have a much more significant effect in human immunodeficiency virus (HIV)/ acquired immune deficiency syndrome patients, which is secondary to depleted glutathione. We present a rare case of drug induced hepatitis secondary to herbal medications used to treat HIV and elucidate the role of glutathione depletion in immunocompromised patients.

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Key words: Glutathione; Human immunodeficiency virus; Acquired immune deficiency syndrome; Immunocompromised; Drug induced hepatitis; Hepatotoxicity; N-acetylcysteine; Herbal Medications

Peer reviewer: Yasemin Hatice Balaban, Professor, Hacettepe University, Oyak Sitesi no6/2 Cankaya, Ankara 06570, Turkey

Senadhi V, Arora D, Arora M, Marsh F. A rare cause of drug-induced hepatitis in an immunocompromised patient and the role of glutathione. *World J Hepatol* 2012; 4(8): 248-251 Available from: URL: <http://www.wjgnet.com/1948-5182/full/v4/i8/248.htm> DOI: <http://dx.doi.org/10.4254/wjh.v4.i8.248>

Abstract

The Food and Drug Administration (FDA) has issued a warning on numerous herbal drugs, including many popular products at General Nutrition Centers (GNC), regarding unstudied hepatotoxicity. There have been recent reports of GNC products such as hydroxycut and herbalife, causing drug-induced hepatitis. Herbal medications are over-the-counter products and are not investigated thoroughly by the FDA. Given that the most

INTRODUCTION

The Food and Drug Administration (FDA) has issued a warning on numerous herbal drugs, including many popular products at General Nutrition Centers (GNC), regarding unstudied hepatotoxicity. For example, there have been recent reports of GNC products such as Hydroxycut and Herbalife, causing drug-induced hepatitis^[1]. Herbal medications are over-the-counter (OTC) products

and are not investigated thoroughly by the FDA. Given that the most common outpatient laboratory abnormality is elevated liver transaminases, a sign of hepatocellular toxicity, it is not surprising that some of these products end up causing hepatic dysfunction, especially when taken in large volume, which will be illustrated in our case presentation. There are numerous herbal supplements that are hepatotoxic (Table 1); however, these medications have a much more significant effect in human immunodeficiency virus (HIV)/acquired immune deficiency syndrome (AIDS) patients, which is secondary to depleted glutathione^[2]. We present a rare case of drug induced hepatitis secondary to herbal medications used to treat HIV and elucidate the role of glutathione depletion in immunocompromised patients.

CASE REPORT

A 26-year-old African American male with a past medical history of HIV, with a recent CD4 count of 301, presented with yellow eye discoloration, dark colored urine, clay colored stools, nausea, malaise and fatigue of 2 wk duration. Pertinent physical examination findings revealed scleral icterus without evidence of anemia, ecchymosis, pruritus, asterixis, encephalopathy, and fetor hepaticus. Abdominal examination revealed non-tender hepatomegaly (liver span 14 cm). Laboratory findings revealed an albumin of 4.1, aspartate aminotransferase (AST) of 1301 (3 wk before AST = 432), alanine aminotransferase (ALT) of 1648 (3 wk before ALT = 609), alkaline phosphatase (ALP) of 154 (3 wk before ALP = 72), serum bilirubin of 10.4 (3 wk before bilirubin = 0.7), and a normal international normalized ratio. An acute hepatitis panel (hepatitis A, B and C) and serum acetaminophen levels were unremarkable. A workup for Autoimmune Hepatitis was also unrevealing. An abdominal computed tomography revealed nonspecific periportal edema and mild hepatomegaly. On further history, the patient was found to have increased his intake of herbal medications from 24 to 48 herbal pills per day, prior to his admission to treat his recently diagnosed HIV. His herbal medications included fucoidan, maya nut, and finger millet, to treat his recently diagnosed HIV. After discontinuation of his herbal HIV medications, his liver functions tests resolved within 2 wk and his symptoms dissipated.

DISCUSSION

Glutathione, a cysteine containing polypeptide, is essential for the function of all cells, but it is especially important in preventing oxidative stress and is involved in inflammatory cascades^[2]. Additionally, glutathione becomes pivotal in HIV/AIDS patients^[2]. In fact, low glutathione levels are linked with HIV disease progression and poor survival^[2]. Glutathione levels are depleted in HIV patients and are correlated with depleted CD4 counts/decreased survival^[2]. Thus, AIDS patients, more specifically, those

with CD4 counts that are lower than 200, have even lower glutathione levels^[2]. The depleted glutathione in HIV/AIDS patients is secondary to multiple mechanisms, such as excessive use of glutathione-depleting drugs, excessive natural production of proinflammatory cytokines such as TNF- α , and HIV gene dysregulation, leading to lower levels of superoxide dismutase^[2]. Superoxide dismutase is an enzyme that prevents oxidative stress naturally and enhances the use of the enzyme glucose-6-phosphate dehydrogenase, which maintains glutathione stores^[3].

Glutathione stores are critical in the metabolism of toxic free oxygen radicals that are created in drug detoxification^[3]. For instance, the mechanism of fulminant hepatic failure in patients with severe acetaminophen overdose is fundamentally due to depleted glutathione stores^[3]. Chronic alcoholics also have depleted glutathione stores due to the fact that alcohol directly depletes glutathione stores^[2]. Alcohol toxicity is also more dangerous to the liver in the setting of depleted glutathione stores. Thus, this is the reason that alcoholics are more susceptible to free radical damage induced by Tylenol^[3]. Similarly, there are many other drugs that can be toxic in the setting of depleted glutathione levels. Our patient had HIV/AIDS and thus, had depleted glutathione levels, which made him more susceptible to drug induced hepatitis.

The mechanism of the drug N-acetylcysteine (NAC) is to augment glutathione reserves in the body, and in combination with glutathione, directly binds to toxic metabolites that are created in drug metabolism^[3]. The best example of this mechanism is the treatment of an Acetaminophen (Tylenol) overdose. Tylenol normally creates a toxic metabolite, N-acetyl-p-benzoquinone imine (NAPQI), which is toxic to hepatocytes^[3]. NAPQI is metabolized by glutathione, but in the setting of depleted glutathione levels (more likely in HIV/AIDS) accumulates to cause severe liver failure^[3]. Similarly, this occurs in the metabolism of numerous other drugs as well, especially at higher toxic doses. The American Association for the Study of Liver Diseases recommended NAC for all cases of acute liver failure with exception of liver shock^[4]. NAC was shown to improve transplant free survival in patients with early stage acute liver failure^[4]. Similarly, NAC administration in HIV patients was shown to increase cysteine levels and thus, increase glutathione levels (cysteine derivative), which is associated with increased survival in HIV/AIDS patients^[2]. As discussed above, herbal medications have their toxicities. Our patient was taking herbal medications including maya nut, fucoidan, and finger millet. The hepatotoxicities of these herbal medications are not well known, but in our patient, discontinuation of these medications led to the resolution of his symptoms. It is thought that these medications in tandem in the setting of an HIV/AIDS patient with depleted glutathione levels caused acute liver failure due to a similar mechanism of reduced glutathione levels, with glutathione preventing free radical damage. Finger millet

Table 1 Herbal supplements and their potential hepatotoxicities

Herbal supplements	Potential hepatotoxicity
Pyrrolizidine-containing teas Germander (<i>Teucrium chamaedrys</i>)-Diterpenoids Ma huang (Ephedra products) Comfrey, Kava Kava, Lipokinetics, Chaparral (<i>Larrea tridentate</i>), black cohosh Panax ginseng (Energy drinks) St. John's Wort European mistletoe Saireito (Shosaikoto and goreisan) Pennyroyal oil (<i>Mentha pulegium</i> and <i>Hedeoma pulegoides</i> plants) Fucoidan (Sulfated polysaccharides) Maya nut (Finger millet)	Hepatic veno-occlusive disease Hepatitis, hepatic cirrhosis Fulminant hepatic failure Hepatotoxicity (rare with black cohosh) Chaparral associated with cholestatic and severe hepatic dysfunction Serum transaminitis Interacts with NNRTIs and PIs Hepatotoxic drug interactions and serum transaminitis Serum transaminitis Direct hepatotoxicity and acute liver failure in higher doses Unknown hepatotoxicity Unknown hepatotoxicity

NNRTIs: Non-nucleoside reverse transcriptase inhibitors; PIs: Protease inhibitors.

has been shown to be involved in free radical oxygenation pathways^[5].

It is necessary to recognize hepatotoxic medications in any setting, but it is absolutely critical to identify hepatotoxic agents in HIV patients for many reasons. The most compelling reason would be in the setting of an HIV patient on highly active anti-retroviral therapy (HAART). Wrongly attributing hepatotoxicity to proven HAART therapy may subsequently alter the patient's course as well as disease progression. Hepatotoxicity is one of the known side effects of HAART therapy and in some cases, is therapy limiting. HAART, unlike most therapeutic regimens, is specifically tailored to each individual patient based on drug resistance due to viral mutations, comorbidities, patient compliance, patient tolerance to side effects, toxicities, side effects, and disease progression or remission. Thus, it becomes even more monumental to elucidate occult use of herbal or OTC medications that are the true cause of hepatotoxicity and not prematurely discontinue patient tailored HAART therapy. Occult use of herbal medications or OTC medications that cause significant transaminase elevations in the setting of well managed HIV may cause cessation of effective treatment, which may lead to increased viral mutations/drug resistance. However, there are some impediments facing physicians to elucidating herbal medication use. For example, there is a stigma from a patients' perspective that may facilitate concealing use of these medications from their healthcare provider due to the fact that they believe that their healthcare provider will not approve of this "alternative" regimen. Additionally, many patients do not list OTC and herbal medications as documented medications (medications they are taking) when asked by their healthcare provider. Lastly, patients that cease or decrease their HIV treatment (as seen in our patient) in favor of herbal medications; need to be warned of the risk of increased HIV viral mutations.

HIV treatment is further complicated by patient comorbidities such as hepatitis C (30%), hepatitis B (9%), HIV renal disease, and non-compliant patients^[6]. Identifying hepatotoxic medications in HIV patients coin-

fected with Hepatitis C is also crucial. Hepatitis C and HIV coexist 50%-90% of the time in intravenous drug abusers^[6]. Thus, another compelling reason to recognize occult herbal medication use and potential hepatotoxic medications is that hepatotoxicity would change the treatment regimen in patients with Hepatitis C. Pegylated interferon, the standard of care currently for Hepatitis C, could be limited in the setting of herbal medication use due to possible drug interactions or speculated hepatotoxicity (rare) in the absence of any attributable listed medications of the patient. Thus, treatment would be halted, leading to increased morbidity/mortality in HIV and hepatitis C patients. Even with the addition of the new protease inhibitors, Pegylated interferon is necessary (induction phase) for effective treatment and providers should have a complete understanding of occult use of herbal medications, as potential herbal drug interactions with the protease inhibitors may be therapy limiting.

Identifying hepatotoxic medications in HIV patients coinfecting with Hepatitis B is also very important. Hepatitis B and HIV coexist 9% of the time, which is most likely due to the sexual transmission (listed as STDs by the CDC) of these viruses^[7]. The treatment regimen for hepatitis B currently includes Tenofovir and Entecavir, which both have hepatotoxicity as a potential side effect and thus, treatment of Hepatitis B could be limited. This further exemplifies why healthcare providers need to be extremely meticulous in their initial/continued patient information intake regarding herbal medications.

Per the literature, it is known that HIV or immunosuppressed patients are more susceptible to drug induced liver injury due to depleted glutathione stores. In conclusion, we present a case of drug-induced hepatitis in an HIV patient due to herbal medications advocated to boost the immune system to treat HIV. We advocate that acute hepatitis in patients with HIV may be due to massive doses of herbal medication use, aside from the usual viral and drug induced hepatotoxicities. Close questioning of patients on OTC medications, and more specifically, herbal drug use, is paramount in the evaluation of patients with hepatitis, especially in the setting of immunosuppression.

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A middle-aged lady with a pyogenic liver abscess caused by *Clostridium perfringens*

Siu-Tong Law, Ming Kai Lee

Siu-Tong Law, Ming Kai Lee, Division of Gastroenterology and Hepatology, Department of Medicine and Geriatrics, Tuen Mun Hospital, Tuen Mun, Hong Kong, China

Author contributions: Law ST and Lee MK were responsible for the patient care; Law ST was also responsible for the conception and writing of the manuscript; all authors read and approved the final manuscript.

Correspondence to: Siu-Tong Law, MBBS, FHKCP, FHKAM, Division of Gastroenterology and Hepatology, Department of Medicine and Geriatrics, Tuen Mun Hospital, Tuen Mun, Hong Kong, China. stl168@hotmail.com

Telephone: +852-24685386 Fax: +852-24685389

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Abstract

The pyogenic liver abscess caused by *Clostridium perfringens* (*C. perfringens*) is a rare, but rapidly fatal infection. It is usually associated with malignancy and immunosuppression. We report the case of 50-year-old lady with the secondary liver metastases from rectal cancer presented with fever and epigastric pain. The identification of *Gram-positive bacilli* septicaemia, the presence of gas-forming liver abscess and massive intravascular hemolysis should lead to the suspicion of *C. perfringens* infection. Here we review twenty cases published since 1990 and their clinical features are discussed. The importance of "an aggressive treatment policy" with multidisciplinary team approach is emphasized.

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Key words: Pyogenic liver abscess; *Clostridium perfringens*; Infected hepatic metastases; Liver abscess; Gram-positive bacilli septicaemia

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INTRODUCTION

Pyogenic liver abscess caused by *Clostridium perfringens* (*C. perfringens*) is a rare, but rapidly fatal, infection. Massive haemolysis and gas-forming liver abscess are classical features of this infection, which may prompt early recognition and treatment. This report is of a patient with the secondary liver metastases from rectal cancer with *C. perfringens* liver abscess. We also review all the previously reported cases of *C. perfringens* associated liver abscess published in the English literature since 1990 and highlights that this condition is usually associated with malignancy and immunosuppression and should be treated "aggressively" with multidisciplinary team approach.

CASE REPORT

A 50-year-old lady was admitted with epigastric pain and fever in July 2005. She had rectal cancer with multiple liver secondary diagnosed in August 2004 and was managed conservatively. Concerning her present illness, she had acute epigastric pain poorly localized without associated gastrointestinal symptoms. Her temperature was 38.4 °C, blood pressure 95/64 with pulse 126 bpm. The abdominal examination showed hepatomegaly with liver span of 13 cm. Laboratory data were as follow: hemoglobin, 8.3 g/dL (normal, 11.6-15.5 g/dL); white blood cell count, 46.3/mm³ (normal, 3.9-10.7/mm³); platelet count, 481/mm³ (normal, 152-358/mm³), APTT 38.9 (normal, 24.5-37.6), reticulocyte count, 7% (normal, < 2%); sodium, 136 mmol/L (normal, 136-145 mmol/L); potassium, 3.5 mmol/L (normal, 3.5-5.1 mmol/L); urea,

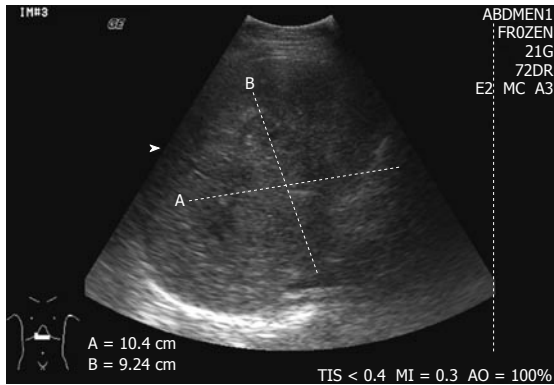


Figure 1 Ultrasound of liver showed mixed heterogeneous echogenicity lesions. Ill defined internal hyperechogenicity with "dirty shadow" appearance suspicious of gas content.

21.2 mmol/L (normal, 2.7-6.8 mmol/L); creatinine, 281 μ mol/L (44-80 μ mol/L); albumin, 14 g/L (normal, 35-50 g/L); globulin, 43 g/L (normal, no reference); total bilirubin, 153 μ mol/L (normal, 5-20 μ mol/L); alkaline phosphatase, 302 IU/L (normal, 43-141 IU/L); lactate dehydrogenase 1132 IU/L (normal, 211-370 IU/L). An urgent blood smear revealed the presence of *Gram-positive bacilli* and later identified as *C. perfringens*. She was treated with board-spectrum antibiotic (sulperazone 1 g Q12H and metronidazole 500 mg Q8H intravenously), vigorous fluid resuscitation with inotropic support (dopamine infusion of rate 20 mg/h intravenously) and blood cell transfusion. An urgent ultrasound of the abdomen showed extensive multiple echogenic foci with casting shadows were seen over the right lobe which was compatible with gas-containing space-occupancy lesion (Figure 1). The common bile duct and the gallbladder were normal without any filling defects. The computed tomography of the abdomen and pelvis showed bilobed liver abscesses located at right lobe and segment two/three in which the former (15 cm \times 12 cm) had central cavitation and the latter (7 cm \times 5 cm) had capsular rupture, resulting in loculated fluid and gas collection medial to the stomach (Figure 2). In addition, the left intrahepatic duct was dilated due to the compression of left lobe abscess. The right-lobe liver abscess was drained percutaneously by ultrasound guided and the left intrahepatic duct obstruction was relieved by transhepatic biliary drainage inserted percutaneously. Nevertheless, her clinical condition deteriorated with multi-organ failure, including acute respiratory distress syndrome and acute renal failure. Finally she was succumbed at seventh day of hospitalization.

DISCUSSION

The patient had typical clinical features of pyogenic liver abscess including fever, epigastric pain, and space-occupancy lesion in imaging and positive blood culture. However, the presence of massive intravascular hemolysis (anemia, reticulocytosis, high lactate dehydrogenase,

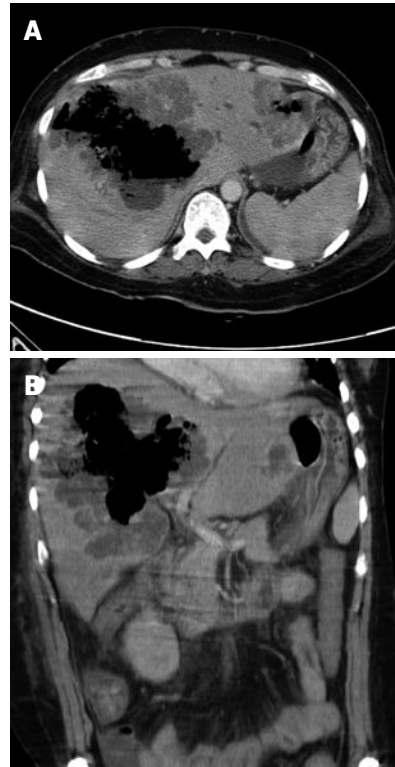


Figure 2 Axial (A) and sagittal (B) contrast multi-detector computerized tomography scan of abdomen. Rim-enhancing cystic lesions with internal gas content occupying both hepatic lobes with the largest occupying the right lobe.

disproportionate hyperbilirubinemia with relative normal common bile duct), gas-forming liver abscesses and identification of Gram-positive bacilli septicemia should lead to the suspicion of *C. perfringens* infection. The risk factor of our patient was advanced malignancy.

C. perfringens is an ubiquitous, Gram-positive, spore-forming anaerobic bacillus (though, it is not absolute anaerobe as it can tolerate up to 3% O₂). It is normal inhabitant of the human bowel and genital tract. Like other clostridia, *C. perfringens* grows fast with doubling time of about 7 min and its virulence is related to its toxin production which contributes to the pathogenesis of the infection^[1,2]. The main toxin is phospholipase C lecithinase (α toxin) which splits lecithin of red cell membrane into phosphocholine and diglyceride and thus damages the structural integrity of the cell membrane. This leads to spherocytosis and subsequent hemolysis. Occasionally, a blood smear can show ghost cells which appear empty because these cells have leaky membrane so that they can no longer retain hemoglobin. α -toxin is also key pathogenic factor in gas gangrene of clostridial soft tissue infection. Other virulence factors act primarily on the vascular endothelium, causing capillary leakage (β -, ϵ - and τ -toxin). Various risk factors for clostridium septicemia include elderly, poor controlled diabetic mellitus, cirrhosis and malignancy especially gastrointestinal and genitourinary malignancies^[3]. In the case presented here, we postulate that the clostridium organisms grew within the devitalized tissue of rectal cancer and then migrated

Table 1 Cases of Clostridium perfringens liver abscesses published since 1990

No.	Author	Year	Age (yr)	Sex	Condition(s)	Hb (g/dL)	Bilirubin (mmol/L)	LDH (U/L)	Focus removed	Survival
1	Batge	1992	61	M	Pancreatic cancer	11.6	752.4	7600	Yes	Yes
2	Rogstad	1993	61	M	None		359.1	1344	No	No
3	Gutierrez	1995	74	M	None	13.1	70	1250	No	No
4	Jones	1996	66	F	Liver transplant	11.3	42.6		No	No
5	Eckel	2000	65	F	Cancer of common bile duct	11.2	78.7	350	Yes	Yes
6	Kreidl	2002	80	M	DM, ESRF		215.5		No	No
7	Pichon	2003	42	F	Alcoholic cirrhosis	10.2	210		No	Yes
8	Quigley	2003	73	M	Ischemic heart	14.2	71		No	No
9	Au	2005	65	M	DM, ESRF	6.2	160.7		No	No
10	Fondran	2005	63	M	Pancreatic cancer				Yes	Yes
11	Daly	2006	80	M	DM	8.7			No	No
12	Ohtani	2006	78	M	DM	10	23.9	51 382	No	No
13	Loran	2006	69	F	None	8.7	170		No	No
14	Agua	2009	74	M	Stroke		32.5		Yes	Yes
15	Merino	2009	83	F	None	12.2	335.2	2288	No	No
16	Meyns	2009	64	M	DM, myelodysplastic syndrome	7.2	141.4	980	No	No
17	Bradly	2010	52	M	Liver transplant		297.5		No	No
18	Ng	2010	61	F	DM	13.5	263	4054	Yes	Yes
19	Rajendran	2010	58	M	None	13.3			Yes	Yes
20	Law	2012	50	F	Rectal cancer	8.3	153	1529	No	No

M: Male; F: Female; ESRF: End stage renal failure; DM: Diabetic mellitus; Hb: Hemoglobin; LDH: Lactate dehydrogenase.

to liver *via* the portal venous system and then began to form local infection in liver parenchyma.

The clinical course of *C. perfringens* septicemia is usually rapidly deteriorated with high mortality rate ranging from 70% to 100%^[4]. The treatment of choice is intravenously administrated high-dose penicillin (10-24 million units daily) and surgical debridement of all involved gangrenous tissue, which is thought to be crucial in preventing production of toxins^[1]. *In vivo* studies, the combination of penicillin and clindamycin has better efficacy than penicillin alone in the suppression of toxin synthesis. When surgical debridement is difficult, hyperbaric oxygen therapy is worth considering as it can decrease toxin production rate and make the environment less anaerobic for the bacteria to grow because clostridia lack superoxide dismutase, making them incapable of surviving in the oxygen-rich environment created within a hyperoxic tissue^[5,6]. The suggested regimen of hyperbaric oxygen is 2-3 atm oxygen for 60-120 min per session with 2-3 sessions per day for up to 6 d. In our case, imaging-guided liver abscess and biliary tract drainage was performed immediately once the diagnosis was made but the primary focus of infection still remained in the rectum. Thus the patient had dreadful outcome.

Since 1990, there are twenty cases of *C. perfringens* liver abscesses published in the English literature (including the current case) (Table 1)^[7]. These cases had a median age of 65 years (range 42 to 83 years) and 13 (65%) were male. Five (25%) had the good past health^[6,8-11]; four (20%) advanced malignancies, including two pancreatic^[12,13], one hepatocellular^[14] and one rectal cancer; six (30%) had diabetic mellitus^[1,4,15-18], including two complicated with end-stage renal failure, one accompanied with myelodysplastic syndrome and the remaining three having diabetes as the only underlying disorder; three (15%)

had cirrhosis^[19-21], including two of them treated by liver transplantation and put on immunosuppressive therapy; one had stroke^[22] and one had ischemic heart disease^[23]. All cases except one (95%) presented with fever and twelve (60%) patients had abdominal pain and eight (40%) did not have localizing signs. One patient suddenly deteriorated and died at home before admission. By using χ^2 test, the abdominal pain was strongly associated with the rupture of the abscess ($\chi^2 = 7.18$, $P < 0.01$). All patients had features of massive intravascular hemolysis on admission, including hemoglobinemia, hemoglobinuria, and microspherocytes in the blood film, highly elevated bilirubin and lactate dehydrogenase. Except the case that died before admission, all cases had early identification of *C. perfringens* in the blood culture. For the morphology of the liver abscess, four (20%) cases were multiple diffuse microabscess; 14 (70%) cases were uniloculated (10 cases located at right and four cases at left lobe); one case was multiloculated at left lobe and one case was bilobed multiloculated. The mean hemoglobin and bilirubin level at presentation were 10.84 g/dL (SD = 2.4 g/dL) and 197.2 mmol/L (SD = 172.1 mmol/L) respectively. The measured hemoglobin level might be falsely high as it measured red cell bound and plasma free hemoglobin. The diagnosis of the liver abscess was made by follow: five cases at autopsy, 13 cases by computed tomography scan imaging and two cases by laparotomy. The indication of laparotomy for diagnosis was the acute abdomen. Only six cases survived (mortality rate of 30%) and five of them had the primary focus of infection removed. By using χ^2 test, their survivals were strongly associated with complete removal of infection focus ($\chi^2 = 11.61$, $P < 0.005$). The median hour of admission death was 11 h. Our patient died on the 7th day that was the longest one among the deaths. We believe this was the result of the

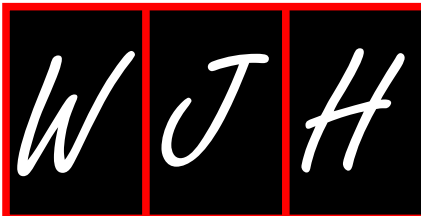
removal of the infected hepatic focus with the primary rectal focus staying behind.

In summary, *C. perfringens* septicemia is a rare but life-threatening disease which requires timely recognition to start an early and specific therapy to prevent mortality.

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Joan Genescà, Professor, Liver Unit, Department of Internal Medicine, Hospital Universitari Vall d'Hebron, Passeig Vall d'Hebron 119, Barcelona 08035, Spain

Dr. Nattiya Hirankarn, Department of Microbiology, Faculty of Medicine, Chulalongkorn University, Rama 4 road, Bangkok 10330, Thailand

Olivier Lesur, Professor, Department of Medicine, University of Sherbrooke, 3001 12e Ave N, Sherbrooke J1H 5N4, Quebec, Canada

Eiji Miyoshi, Professor, Osaka University Graduate School of Medicine, Suita 565-0871, Japan

Dr. Jordi Muntané, Liver Research Unit, Reina Sofia University Hospital, Córdoba 14004, Spain

Dr. María Angeles Pajares, PhD, Department of Metabolismo y Señalización Celular, Instituto de Investigaciones Biomedicas A. Sols (CSIC-UAM), Arturo Duperier 4, Madrid 28029, Spain

Ali Sazci, Professor, Department of Medical Biology and Genetics, Faculty of Medicine, University of Kocaeli, Kocaeli 41380, Turkey



Events Calendar 2012

January 18, 2012

AHPBA Sponsored Consensus
Conference on the Multidisciplinary
Treatment of Colorectal Cancer
Liver Metastases
San Francisco, CA, United States

January 20-21, 2012

AGA Clinical Congress of
Gastroenterology and Hepatology:
Practice, Evidence and Quality in
2012
Miami, FL, United States

January 27-28, 2012

28th Annual Meeting of the German
Association for the Study of the
Liver
Hamburg, Germany

January 30-31, 2012

5th International Conference on the
Management of Patients with Viral
Hepatitis
Paris, France

February 8-10, 2012

Stockholm Liver Week 2012
Stockholm, Sweden

February 16-19, 2012

22nd Conference of the Asian Pacific

Association for the Study of the
Liver
Taipei, Taiwan, China

March 16 -17, 2012

Hepatitis Single Topic Conference
Atlanta, GA, United States

March 16-17, 2012

ESGE - Workshop on Advanced
Endoscopy with Live
Demonstrations
Vienna, Austria

March 31-April 1, 2012

27th Annual New Treatments in
Chronic Liver Disease
San Diego, CA, United States

April 18-22, 2012

The International Liver Congress by
EASL
Barcelona, Spain

April 27-28, 2012

The European Society for Paediatric
Gastroenterology, Hepatology and
Nutrition
Stockholm, Sweden

May 16-19, 2012

International Liver Transplant
Society 18th Annual International
Congress 2012
San Francisco, CA, United States

May 19-22, 2012

Digestive Disease Week 2012
San Diego, CA, United States

June 22-23, 2012

EASL Monothematic Conference:
Vascular Liver Diseases
Tallin, Estonia

July 1-5, 2012

10th World Congress of the
International Hepato-Pancreato-
Biliary Association 2012
Paris, France

September 5-8, 2012

International Congress of Pediatric
Hepatology, Gastroenterology and
Nutrition
Sharm El-Sheikh, Egypt

September 7-9, 2012

Viral Hepatitis Congress 2012
Macclesfield, United Kingdom

September 7-9, 2012

The Viral Hepatitis Congress
Frankfurt, Germany

September 14-16, 2012

The International Liver Cancer
Association's 6th Annual Conference
Berlin, Germany

September 20-22, 2012

Prague Hepatology Meeting 2012
Prague, Czech Republic

September 20-22, 2012

1st World Congress on Controversies
in the Management of Viral Hepatitis
Prague, Czech Republic

October 18-20, 2012

2nd World Congress on
Controversies in the Management of
Viral Hepatitis
Berlin, Germany

November 9-13, 2012

AASLD - The Liver Meeting 2012
Boston, MA, United States

November 9-13, 2012

The Liver Meeting - 63rd Annual
Meeting and Postgraduate Course
of the American Association for the
Study of Liver Diseases
Boston, MA, United States

November 14-18, 2012

4th World Congress of Pediatric
Gastroenterology, Hepatology and
Nutrition
Taipei, Taiwan, China

December 26-28, 2012

International Conference on
Gastroenterology, Hepatology and
Nutrition
Bangkok, Thailand



GENERAL INFORMATION

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Editor-in-chief

Masatoshi Kudo, MD, PhD, Professor, Department of Gastroenterology and Hepatology, Kinki University School of Medicine, 377-2, Ohno-Higashi, Osaka-Sayama, 589-8511, Osaka, Japan

Editorial office

World Journal of Hepatology

Editorial Department: Room 903, Building D,
Ocean International Center,
No. 62 Dongsihuan Zhonglu,

Instructions to authors

Chaoyang District, Beijing 100025, China
Telephone: +86-10-85381892
Fax: +86-10-85381893
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Acknowledgments

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Format

Journals

English journal article (list all authors and include the PMID where applicable)

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Chinese journal article (list all authors and include the PMID where applicable)

- 2 **Lin GZ**, Wang XZ, Wang P, Lin J, Yang FD. Immunologic effect of Jianpi Yishen decoction in treatment of Pixu-diarrhoea. *Shijie Huaren Xiaobua Zazhi* 1999; **7**: 285-287

In press

- 3 **Tian D**, Araki H, Stahl E, Bergelson J, Kreitman M. Signature of balancing selection in Arabidopsis. *Proc Natl Acad Sci USA* 2006; In press

Organization as author

- 4 **Diabetes Prevention Program Research Group**. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. *Hypertension* 2002; **40**: 679-686 [PMID: 12411462 PMCID:2516377 DOI:10.1161/01.HYP.0000035706.28494.09]

Both personal authors and an organization as author

- 5 **Vallancien G**, Emberton M, Harving N, van Moorselaar RJ; Alf-One Study Group. Sexual dysfunction in 1, 274 European men suffering from lower urinary tract symptoms. *J Urol* 2003; **169**: 2257-2261 [PMID: 12771764 DOI:10.1097/01.ju.0000067940.76090.73]

No author given

- 6 21st century heart solution may have a sting in the tail. *BMJ* 2002; **325**: 184 [PMID: 12142303 DOI:10.1136/bmj.325.7357.184]

Volume with supplement

- 7 **Geraud G**, Spierings EL, Keywood C. Tolerability and safety of frovatriptan with short- and long-term use for treatment of migraine and in comparison with sumatriptan. *Headache* 2002; **42** Suppl 2: S93-99 [PMID: 12028325 DOI:10.1046/j.1526-4610.42.s2.7.x]

Issue with no volume

- 8 **Banit DM**, Kaufer H, Hartford JM. Intraoperative frozen section analysis in revision total joint arthroplasty. *Clin Orthop Relat Res* 2002; **(401)**: 230-238 [PMID: 12151900 DOI:10.1097/00003086-200208000-00026]

No volume or issue

- 9 Outreach: Bringing HIV-positive individuals into care. *HRSA Careaction* 2002; 1-6 [PMID: 12154804]

Books

Personal author(s)

- 10 **Sherlock S**, Dooley J. Diseases of the liver and biliary system. 9th ed. Oxford: Blackwell Sci Pub, 1993: 258-296

Chapter in a book (list all authors)

- 11 **Lam SK**. Academic investigator's perspectives of medical treatment for peptic ulcer. In: Swabb EA, Azabo S. Ulcer disease: investigation and basis for therapy. New York: Marcel Dekker, 1991: 431-450

Author(s) and editor(s)

- 12 **Breedlove GK**, Schorfheide AM. Adolescent pregnancy. 2nd ed. Wiczorek RR, editor. White Plains (NY): March of Dimes Education Services, 2001: 20-34

Conference proceedings

- 13 **Harnden P**, Joffe JK, Jones WG, editors. Germ cell tumours V. Proceedings of the 5th Germ cell tumours Conference; 2001 Sep 13-15; Leeds, UK. New York: Springer, 2002: 30-56

Conference paper

- 14 **Christensen S**, Oppacher F. An analysis of Koza's computational effort statistic for genetic programming. In: Foster JA, Lutton E, Miller J, Ryan C, Tettamanzi AG, editors. Genetic programming. EuroGP 2002: Proceedings of the 5th European Conference on Genetic Programming; 2002 Apr 3-5; Kinsdale, Ireland. Berlin: Springer, 2002: 182-191

Electronic journal (list all authors)

- 15 Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis* serial online, 1995-01-03, cited 1996-06-05; 1(1): 24 screens. Available from: URL: <http://www.cdc.gov/ncidod/eid/index.htm>

Patent (list all authors)

- 16 **Pagedas AC**, inventor; Ancel Surgical R&D Inc., assignee. Flexible endoscopic grasping and cutting device and positioning tool assembly. United States patent US 20020103498. 2002 Aug 1

Statistical data

Write as mean \pm SD or mean \pm SE.

Statistical expression

Express *t* test as *t* (in italics), *F* test as *F* (in italics), chi square test as χ^2 (in Greek), related coefficient as *r* (in italics), degree of freedom as *v* (in Greek), sample number as *n* (in italics), and probability as *P* (in italics).

Units

Use SI units. For example: body mass, *m* (B) = 78 kg; blood pressure, *p* (B) = 16.2/12.3 kPa; incubation time, *t* (incubation) = 96 h, blood glucose concentration, *c* (glucose) 6.4 ± 2.1 mmol/L; blood CEA mass concentration, *p* (CEA) = 8.6 ± 24.5 μ g/L; CO₂ volume fraction, 50 mL/L CO₂, not 5% CO₂; likewise for 40 g/L formaldehyde, not 10% formalin; and mass fraction, 8 ng/g, *etc.* Arabic numerals such as 23, 243, 641 should be read 23 243 641.

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Italics

Quantities: *t* time or temperature, *c* concentration, *A* area, *l* length, *m* mass, *V* volume.

Genotypes: *gyrA*, *arg 1*, *c myc*, *c fos*, *etc.*

Restriction enzymes: *EcoRI*, *HindII*, *BamHI*, *Kho I*, *Kpn I*, *etc.*

Biology: *H. pylori*, *E. coli*, *etc.*

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