

# Artificial Intelligence in *Gastroenterology*

*Artif Intell Gastroenterol* 2021 October 28; 2(5): 124-140





# Artificial Intelligence in Gastroenterology

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*Artificial Intelligence in Gastroenterology*

**Bimonthly Volume 2 Number 5 October 28, 2021**

### ABOUT COVER

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AIG mainly publishes articles reporting research results obtained in the field of artificial intelligence in gastroenterology and covering a wide range of topics, including artificial intelligence in gastrointestinal cancer, liver cancer, pancreatic cancer, hepatitis B, hepatitis C, nonalcoholic fatty liver disease, inflammatory bowel disease, irritable bowel syndrome, and *Helicobacter pylori* infection.

### INDEXING/ABSTRACTING

There is currently no indexing.

### RESPONSIBLE EDITORS FOR THIS ISSUE

Production Editor: *Jia-Hui Li*, Production Department Director: *Xiang Li*, Editorial Office Director: *Jin-Lei Wang*.

#### NAME OF JOURNAL

*Artificial Intelligence in Gastroenterology*

#### ISSN

ISSN 2644-3236 (online)

#### LAUNCH DATE

July 28, 2020

#### FREQUENCY

Bimonthly

#### EDITORS-IN-CHIEF

Rajvinder Singh, Ferruccio Bonino

#### EDITORIAL BOARD MEMBERS

<https://www.wjgnet.com/2644-3236/editorialboard.htm>

#### PUBLICATION DATE

October 28, 2021

#### COPYRIGHT

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#### INSTRUCTIONS TO AUTHORS

<https://www.wjgnet.com/bpg/gerinfo/204>

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#### GUIDELINES FOR NON-NATIVE SPEAKERS OF ENGLISH

<https://www.wjgnet.com/bpg/gerinfo/240>

#### PUBLICATION ETHICS

<https://www.wjgnet.com/bpg/GerInfo/288>

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<https://www.wjgnet.com/bpg/gerinfo/208>

#### ARTICLE PROCESSING CHARGE

<https://www.wjgnet.com/bpg/gerinfo/242>

#### STEPS FOR SUBMITTING MANUSCRIPTS

<https://www.wjgnet.com/bpg/GerInfo/239>

#### ONLINE SUBMISSION

<https://www.f6publishing.com>

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E-mail: [bpgoffice@wjgnet.com](mailto:bpgoffice@wjgnet.com) <https://www.wjgnet.com>



## Artificial intelligence for cancer detection in upper gastrointestinal endoscopy, current status, and future aspirations

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**Author contributions:** El-Nakeep S formulated the research question and done the literature search and provided the medical background of the topic; El-Nakeep M provided the technical and engineering and computational background of the topic and the intellectual explanation of the methods of artificial intelligence; Both authors wrote and approved the final submitted draft.

**Conflict-of-interest statement:** The authors declare they have no conflict of interest.

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### Abstract

This minireview discusses the benefits and pitfalls of machine learning, and artificial intelligence in upper gastrointestinal endoscopy for the detection and characterization of neoplasms. We have reviewed the literature for relevant publications on the topic using PubMed, IEEE, Science Direct, and Google Scholar databases. We discussed the phases of machine learning and the importance of advanced imaging techniques in upper gastrointestinal endoscopy and its association with artificial intelligence.

**Key Words:** Artificial intelligence; Upper gastrointestinal endoscopy; Esophageal cancer, Gastric cancer, Barrett's esophagus

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**Core Tip:** This minireview aims to explore an important topic; the role of artificial intelligence in upper gastrointestinal (GI) endoscopy detection of cancer. We tried to delineate the most common obstacles encountered when trying to implement artificial intelligence in upper GI endoscopy for cancer detection and characterization. Moreover, we tried to outline the future prospects of this technique, along with its benefits, and uncertainties. This topic summarizes the wide scope for integration of

**Manuscript source:** Invited manuscript

**Specialty type:** Gastroenterology and hepatology

**Country/Territory of origin:** Egypt

**Peer-review report's scientific quality classification**

Grade A (Excellent): 0

Grade B (Very good): B

Grade C (Good): C, C

Grade D (Fair): 0

Grade E (Poor): 0

**Received:** June 6, 2021

**Peer-review started:** June 6, 2021

**First decision:** June 23, 2021

**Revised:** June 26, 2021

**Accepted:** September 1, 2021

**Article in press:** September 1, 2021

**Published online:** October 28, 2021

**P-Reviewer:** Wang G, Yasuda T, Yu H

**S-Editor:** Liu M

**L-Editor:** A

**P-Editor:** Li JH



artificial intelligence, between the practicing physicians and the computational engineers and how their collaboration could provide a better healthcare services.

**Citation:** El-Nakeep S, El-Nakeep M. Artificial intelligence for cancer detection in upper gastrointestinal endoscopy, current status, and future aspirations. *Artif Intell Gastroenterol* 2021; 2(5): 124-132

**URL:** <https://www.wjgnet.com/2644-3236/full/v2/i5/124.htm>

**DOI:** <https://dx.doi.org/10.35712/aig.v2.i5.124>

## INTRODUCTION

Upper gastrointestinal (GI) cancers affecting the esophagus and stomach are responsible for more than one and half million annual deaths worldwide. Both are considered aggressive cancers, discovered mostly at an advanced stage, when curative measures are no longer applicable[1].

The current standard method for diagnosis of upper GI cancers is upper GI endoscopy and biopsy, using a white light endoscopy. The most common upper GI cancers encountered are esophageal adenocarcinoma, Barrett's esophagus (BE) and gastric cancer[2]. Artificial intelligence (AI) could add more accuracy to early cancerous and precancerous lesion detection in the upper GI during endoscopic evaluation[3].

Regardless of the great progress of AI in colonoscopy examinations, the integration of AI in upper GI endoscopy is still a new area of research with only a few pilot studies available, mostly due to unavailability of large datasets annotating upper GI cancers[2].

A recent meta-analysis examined the effect of AI in detecting *Helicobacter pylori* (*H. pylori*) infection during upper GI endoscopy, and found eight studies with pooled sensitivity of 87%, and specificity of 86%[4]. Moreover, another study combined the effect of neoplasm detection and *H. pylori* infection status, and found twenty-three studies with high pooled diagnostic accuracy in upper GI neoplasms; 96 in gastric cancer, 96% in BE, 88% in squamous esophagus and 92% in *H. pylori* detection[5].

## IMPORTANCE OF USING AI IN UPPER GI ENDOSCOPY

The miss rate of detecting upper GI cancers reaches 11.3% according to a meta-analysis by Menon and Trudgill[6], and even higher rates could be observed in superficial neoplasms, reaching 75% (*i.e.*, gastric superficial neoplasia)[7]. According to a recent meta-analysis by Arribas *et al*[3], using AI integrated upper GI endoscopy yielded pooled sensitivity of 90%, and specificity of 89% for detection of neoplastic lesions, independent of the type of neoplasia (whether esophageal adenocarcinoma, BE, or gastric adenocarcinoma).

Expert sensitivity and specificity criteria in detecting the upper GI tumors differ from the detection and characterization of colorectal polyps for a few reasons. First, due to over-specialization of certain types of upper GI cancers according to the geographical prevalence of the cancer, for example, in the gastroenterologist's practice, resulting in limited training for the detection of non-prevalent types of cancers. AI integrated systems don't suffer the same geographical bias, thus offering better detection independent of the prevalence of GI cancer types[3]. Colon cancer prevalence is higher, enabling more data storage and more training.

The second reason, lesions that are minimal (in size or in depth) or hard to visualize by the inexperienced endoscopist, could be easily detected using the AI assistance[2]. Furthermore, gastric cancer lesions can be masked after eradication of *H. pylori*, this masking is due to regression of the mucosal elevation (decrease in its height) caused by the regression of chronic inflammatory process of *H. pylori* infection, or due to the coverage of the neoplastic area with atypical mucosa or even healthy columnar mucosa[8,9]. Advanced imaging techniques[10], when associated with AI, might help in detection of these masked neoplastic lesions.



Third reason being that training is not adequate in postgraduate courses, either because of insufficient interest (due to different cancer prevalence), or insufficient resources (especially for the computer simulation programs)[11]. However, an AI cumulative sensitivity of 91% for early-stage neoplasia proves that AI integrated systems will increase the efficacy of diagnostic upper GI endoscopy immensely. Thus, there is an urgent need for AI implementation in the clinical setting, even more urgent than the lower GI colonoscopy. Diagnostic settings have the issue of less experienced endoscopists compared to intervention intended settings, so early cancerous lesions tend to be easily overlooked (undetected)[3]. This of course will not eliminate the need for experienced endoscopists; however, integration with AI will have the best yield [12], considering that most of the upper GI lesions are non-polypoid which require higher level of skills for detection than colorectal cancer.

## AI IN UPPER GI ENDOSCOPY

Machine learning (ML) must pass through multiple phases for validation in both training and testing (as shown in Figure 1). The AI used in endoscopy is ML, the most prevalent type of ML is deep learning (DL).

The first wave of AI was logic based handcrafted knowledge. In this logic-based handcrafted algorithms were developed separately for each task. This allowed the reasoning behind decisions of the first wave to be quite high, because every step of decision was handcrafted. However, the machine was unable to learn. The second wave of AI (the current wave) is the statistical ML in which the machines can learn from data, with an easily implemented learning algorithm, to generate a model used to carry out decisions. This eliminates the difficult part of designing and implementing a task-specific algorithm. While this raised the level of ML, it also caused a huge decline in the reasoning for the decisions. This means that the reasoning behind a wrong decision becomes hard to identify, rendering the algorithm a black box. The best way to avoid highly wrong decision rates is for provide a large amount of variable data to the machine to learn from[13].

ML passes through many phases. First phase is the training phase; where an annotated dataset is used to train the ML system, and then validated by determining the number of images it correctly identified. Second is the testing phase where a non-annotated dataset is given to the ML system to examine its diagnostic capabilities in comparison to experts in the field, and then using this ML system in a clinical setting, either in real time or in prospective trials to evaluate its performance in a real-world clinical setting.

There are two types of gastric lesion examinations identified during upper GI endoscopy using AI: (as shown in Figure 2): (1) Lesion detection (to know whether it is present or absent) and localization (to know its exact location in the GI tract); and (2) Lesion characterization (to assess its histological prediction).

The first type uses images with low or moderate quality, but the second type uses advanced optical diagnostic tools including: Narrow band imaging (NBI), chromoendoscopy, endocytoscopy, optical magnification, among others[14,15]. All types use semi-automatic identification, where the endoscopist delineates the affected area and centers the polyp near the endoscope lens for better visualization[14]. Invasion depth has been successfully predicted (with 89% diagnostic accuracy) through coding systems that are not very complicated, a proposed implementation of automated DL models in gastric cancers. Furthermore, another proposed implementation of a modified version by the same author is faster by 13 min in the test stage on unknown data, but has a slightly lower accuracy of 82%, with similar performance to experts and higher than trainees[16].

## CURRENT STATUS, WHAT IS ACHIEVED AND WHAT IS NOT

If feasibility and usefulness of non-real time can be proved, then technical feasibility of real time is achievable, with an increased degree of sophistication of implementation and cost. Improvement of this real time feasibility could be accomplished through software programming of graphic processing unit (GPU) and central processing unit (CPU), along with implementation of specialized hardware systems.

Most implementations in AI use DL algorithms such as convolutional neural network (CNN). Wu *et al*[17] did the only randomized controlled trial (RCT) available on the topic. The team examined the diagnostic accuracy of their AI system using a

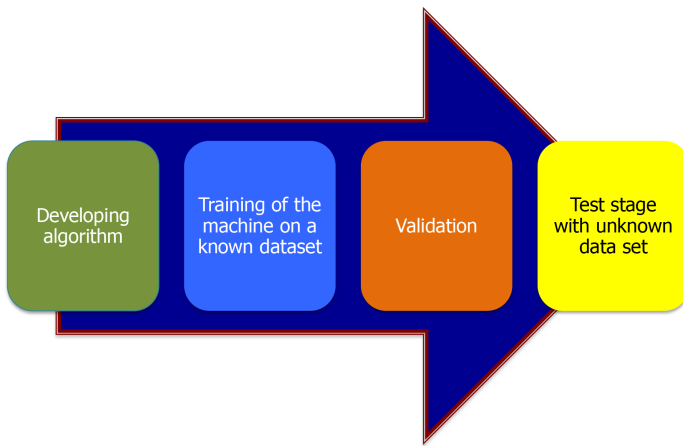


Figure 1 Showing the phases of machine learning.

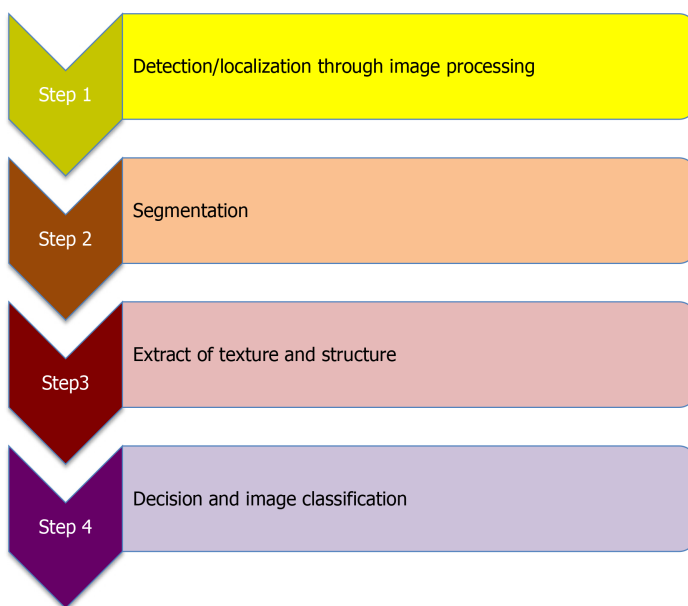


Figure 2 Showing the Step manner approach from detection to characterization.

deep convolution neural network. The system aimed to decrease the blind spots during upper GI endoscopy[17]. Unfortunately, they only examined images of benign and malignant lesions, not during a real time endoscopy performance.

Comparing white light alone *vs* linked color imaging showed that endoscopists had a lower miss rate with linked color imaging (30.7% *vs* 64.9%) in detecting early gastric cancers post-*H. pylori* eradication[18]. Linked color imaging is a technique that enhances the color range and brightness of images, developed by Fujifilm, Tokyo, Japan[19].

White light for detection of upper GI neoplasms is the most common and the standard technique. Other methods using advanced high-quality imaging are becoming increasingly available in most endoscopy centers. These advanced imaging techniques increase the sensitivity and specificity of diagnostic accuracy, especially in BE. There is a noticed "synergy" between AI integrated systems and advanced imaging techniques. On the other hand, the bias in having good quality images is apparent when identifying artifacts and lighting errors as cancerous lesions, or as called "spectrum bias" (this is a systematic error, where the data used do not represent the patients in question). This is equal in AI and humans[20,21].

While, dye-based imaging enhanced endoscopy (IEE) uses a dye to enhance detection of neoplastic lesions, this might not be helpful for examining a wide tract for lesions, nor for spraying the whole GI tract with dye. However, equipment enhanced IEE (eIEE) solves these problems. eIEE was originally classified into lightening-only

techniques along with blue laser imaging (BLI), BLI-bright and NBI (Olympus), autofluorescence imaging (Olympus), and post-processing-only techniques such as: Flexible spectral image color enhancement - (Fujifilm) and iSCAN - (Pentax), all from Tokyo, Japan[22,23].

LCI merges the two techniques by low frequency intensity light, red color extraction, and variation enhancement in a red-green-blue color space digital image post-processing. The post-processing system has three modes of color enhancement (A, B and C) with varying grades. This yields enhancement of hemoglobin-related information and neoplastic lesion in C2 and C3 modes or enhancement of neoplastic structures in B7 and B8[10].

The visualization using a NBI was mostly used to detect the histological features in the research studies. NBI is an advanced imaging technology that uses digital optical methods to visualize more enhanced images than the standard white light[24]. NBI helps to examine the vascularity and abnormal histological features on site during colposcopy, thus adding AI to narrow band could improve the detection of the exact histology of polyps and saves time and effort waiting for histopathological assessment that may delay the intervention[25]. In addition, the NBI technique is easier than other more sophisticated techniques as chromoendoscopy[26].

Shin *et al*[27] used high resolution microendoscopy to detect esophageal cancer using AI integration, showing sensitivity of 93% and specificity of 92% in the training set and similar results, albeit slightly lower, in the test and independent sets.

Moreover, in other techniques like, capsule endoscopy, images taken couldn't be adjusted in position lightening or quality as they are dependent mainly on gut motility, plus their role in upper GI tract evaluation is still limited[28,29].

Online processing causes limitation on the acceptable latency requiring it to be low, so real time application mostly uses parallelization of the machine process. Current high-end GPU offer higher parallelization than current high-end CPUs, due to larger number of cores. An example for this issue appears when Nvidia Tensor RT, a software development kit SDK for highly parallel machine learning, marketed to reach up to 40 × performance speed than CPU only applications. Tensor RT runs only on CUDA (compute unified device architecture), which runs only on Nvidia graphic card. Furthermore, other libraries, as "Caffe", can be used either by CPU or GPU, through switching a flag in the source code[30,31].

Localized data sets and implementations, limited to specific institutions, will cause bias in methodological validation. Thus, public records of images and datasets are preferable to decrease this bias. On the other hand, implementation doesn't suffer the same urgency for public recording[32].

While latency in offline detection could reach days, this is not acceptable in online real time detection, as the latency during endoscopy procedures will cause missing of the lesions in vivo, but improvement is more beneficial, as the ideal scenario is no latency.

While some studies showed promising results in vitro, there is still work to do offline in order to get a real time implementation which can detect neoplasia during the endoscopy conduction in vivo[33]. However, of 36 included studies in a recent meta-analysis exploring the AI integration in all types of upper GI cancers[3], only three studies were in a clinical setting and one was RCT, but even the RCT was on images not real time, and the rest of studies were on stored images offline. Furthermore, very few studies included videos or live *in vivo* validation.

The first real time study for detection of gastric cancer was performed using an online AI system with Raman spectroscopy integrated to GI endoscopy in vivo. Total computation time ranged from 100-130 milliseconds for analysis, with diagnostic accuracy of 80%[34].

Ohmori *et al*[35] introduced a new AI system that could process 36 images per second, making it adequate for RT integration in upper GI endoscopy. One concern of the authors is that limiting their processing to high quality images could impair the RT usage at the time being.

A recent meta-analysis by Arribas *et al*[3], concluded that we need to focus more on real time AI systems in upper GI endoscopy, because due to small number of studies (only two were retrieved in this metaanalysis[36,37], we are still uncertain of the feasibility of integration of AI with the endoscopists in RT situations.

In Ebigbo *et al*[37], they used a live-stream camera, examining the classification and segmentation of 14 BE patients, with diagnostic accuracy of 89.9%. AI prediction takes 1.19 s with "ensembling" and 0.13 s without "ensembling".

Luo *et al*[36] performed the first aided AI RT implementation study in upper GI endoscopy. During a case-control study in six different hospitals in China, they developed a new AI system for RT examination named Gastrointestinal Artificial



Intelligence Diagnosis System (GRAIDS), with latency of only 40 ms, and high diagnostic accuracy irrespective of the level of training of the endoscopists.

Imaging techniques, such as volumetric laser endomicroscopy, are used in BE to characterize different layers of the mucosa[38]. Characterization ideally includes the location, type and stage of neoplasia in the GI tract. A future prospect is the prognosis of this type.

"AI system is watching" is a statement that shows how endoscopists are more keen on clear videos and imaging when they know that an AI system will use those datasets [3,39].

The "blackbox" nature of CNN learning algorithms, means that we don't know how the AI system reached its diagnosis, thus no human learning could be benefited from AI neoplasia recognition[40]. This is accompanied by the lack of training and lack of learning interest in postgraduates, mostly due to the cancer prevalence problems mentioned before. The story is different in colonoscopy, where in most studies, experts in the field usually beat the AI systems or show equal diagnostic efficacy, also where experts beat beginners or junior physicians[41-44].

Another solution presented by the AI implementation, is that only one system could be used in all types of upper GI endoscopy. In a multicenter study done by Luo *et al* [36], they used a new system called GRAIDS. This system allowed for the examination of all types of upper GI neoplasms including both esophageal and gastric in a single system. In addition, the system showed similar diagnostic accuracy when compared to experts[36].

AI implementation in upper GI endoscopy proceeds first from detection (the lesion is present or not), to segmentation (the lesion is differentiated from the surrounding normal tissue), and then to characterization (the lesion is histologically predicted). A quality assessment tool for diagnostic accuracy studies called QUDAS score and its modified version are used for quality assessment of these diagnostic accuracy trials [45].

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## FUTURE ASPIRATIONS

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One of the most promising findings was the early detection of precancerous lesions with chronic inflammatory background (chronic atrophic gastritis) with high specificity of all grades (mild, moderate and severe)[46]. This research might offer a solution to the hypothetical problem of background inflammatory state confusion with cancer. However, future validation is needed to reach our goal.

Accumulation of datasets, with the help of experts in annotating the pictures and videos of lesions in the upper GI endoscopy and linking them to the histopathological findings is mandatory for the progress of the AI in upper GI endoscopy. And public datasets will allow researchers to conduct their algorithm freely, without limitation to geographical regions or expert specialization in certain types of cancers.

Using a single system for detection of pan GI neoplasms with acceptable diagnostic accuracy for all GI regions is the ultimate goal, in addition to resolving the real time delay for image processing, which is still only scarcely examined in upper GI endoscopy.

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## CONCLUSION

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Using AI integration with upper GI endoscopy could benefit trainees and general practitioners. Building a dataset library that is accessible to the researchers, with upper GI lesions apparent irrespective of the geographical area could be of great benefit to even experts in the fields with limited knowledge of the non-prevalent cancers in their area of practice.

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## ACKNOWLEDGEMENTS

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Dr. Anup Kasi [Assistant Professor of Oncology in University of Kansas School of Medicine, Kansas City, KS (Medical Oncology), Unites States of America] edited the final version of the manuscript for English language flow and grammar.

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## Application of artificial intelligence in liver diseases: From diagnosis to treatment

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**Author contributions:** Li Q collected and screened references, wrote original draft; Mao XR and Li JF supervised, reviewed, edited the manuscript and made the funding acquisition; All authors have read and approve the final manuscript.

**Supported by** National Natural Science Foundation, No. 81800528; the Natural Science Foundation of Gansu Province, No. 20JR5RA364; Key Research and Development Project of Gansu Province, No. 20YF2FA011; and the Health Industry Research Project in Gansu Province, No. GSWSKY2018-24.

**Conflict-of-interest statement:** Authors declare that they have no conflicts of interest.

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### Abstract

Infectious or noninfectious liver disease has inexorably risen as one of the leading causes of global death and disease burden. There were an estimated 2.14 million liver-related deaths in 2017, representing an 11.4% increase since 2012. Traditional diagnosis and treatment methods have various dilemmas in different causes of liver disease. As a hot research topic in recent years, the application of artificial intelligence (AI) in different fields has attracted extensive attention, and new technologies have brought more ideas for the diagnosis and treatment of some liver diseases. Machine learning (ML) is the core of AI and the basic way to make a computer intelligent. ML technology has many potential uses in hepatology, ranging from exploring new noninvasive means to predict or diagnose different liver diseases to automated image analysis. The application of ML in liver diseases can help clinical staff to diagnose and treat different liver diseases quickly, accurately and scientifically, which is of importance for reducing the incidence and mortality of liver diseases, reducing medical errors, and promoting the development of medicine. This paper reviews the application and prospects of AI in liver diseases, and aims to improve clinicians' awareness of the importance of AI in the diagnosis and treatment of liver diseases.

**Key Words:** Artificial intelligence; Machine learning; Liver disease; Diagnosis; Treatment; Prognosis

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**Manuscript source:** Invited manuscript

**Specialty type:** Gastroenterology and hepatology

**Country/Territory of origin:** China

**Peer-review report's scientific quality classification**

Grade A (Excellent): 0  
Grade B (Very good): 0  
Grade C (Good): C  
Grade D (Fair): D  
Grade E (Poor): 0

**Received:** June 30, 2021

**Peer-review started:** June 30, 2021

**First decision:** July 28, 2021

**Revised:** August 9, 2021

**Accepted:** August 31, 2021

**Article in press:** August 31, 2021

**Published online:** October 28, 2021

**P-Reviewer:** Hanada E

**S-Editor:** Liu M

**L-Editor:** Kerr C

**P-Editor:** Li JH



**Core tip:** Liver disease has inexorably risen as one of the leading causes of global death and disease burden. As a hot research topic in recent years, the application of artificial intelligence (AI) in medical fields has attracted extensive attention. The application of machine learning in the liver diseases can help clinical staff to diagnose and treat different liver diseases quickly, accurately and scientifically, which is of importance for reducing the incidence and mortality of liver diseases, reducing medical errors, and promoting the development of medicine. This paper reviews the application and prospects of AI in liver diseases.

**Citation:** Li Q, Li JF, Mao XR. Application of artificial intelligence in liver diseases: From diagnosis to treatment. *Artif Intell Gastroenterol* 2021; 2(5): 133-140

**URL:** <https://www.wjgnet.com/2644-3236/full/v2/i5/133.htm>

**DOI:** <https://dx.doi.org/10.35712/aig.v2.i5.133>

## INTRODUCTION

Infectious or noninfectious liver diseases cause a significant disease burden. There were an estimated 2.14 million liver-related deaths in 2017, representing an 11.4% increase since 2012[1]. Traditional diagnosis and treatment methods have various dilemmas in different causes of liver disease. With the development of artificial intelligence (AI) technology, new technologies have brought more ideas for the diagnosis and treatment of some liver diseases.

AI is an algorithm-based application field that simulates human mental processes and intellectual activities, enabling machines to solve problems with knowledge. In the information age, AI is widely used in the medical field and can provide accurate diagnosis and treatment for complex diseases, reduce medical errors, and promote the development of medicine[2]. For example, using deep learning architecture visual pattern analysis to detect basal cell carcinoma and distinguish malignant and benign lesions, the diagnosis accuracy rate is > 90% compared with experts[3]. There are two common types of AI. The first type is expert systems and the second is machine learning (ML), which is the core of AI and the basic way to make a computer intelligent (Figure 1). ML requires many data to train, which systematically improves computer performance in the process. By doing so, computers are able to shed light on previously unascertainable relationships that traditional statistical methods could not detect. ML is also capable of analyzing data types that were previously unavailable for advanced computer analysis, such as image and text data.

The area offering the most exciting new applications in healthcare is ML. Many studies in recent years have suggested that ML technology has many potential uses in hepatology, ranging from exploring new noninvasive means to predict or diagnose different liver diseases to automated image analysis. From the identification of liver areas at risk of radiation toxicity to the use of drug structures to predict the risk of liver injury, the accuracy of diagnosis and the effectiveness of treatment can be improved, and the efficiency can also be improved through automation. Although promising data from preclinical studies are now available, the application of AI in liver disease is far from being applied in clinical practice, so the application of AI in liver disease and other diseases remains challenging and deserves further study.

## NEW ROUTES OF LIVER DISEASE DIAGNOSIS

Liver disease is not an independent disease. Because the specific types of lesions are different, the diagnostic methods differ. Different examination methods can be selected according to the specific types of liver diseases to be examined. For example, at present, the common diagnostic method for nonalcoholic fatty liver disease (NAFLD) is liver ultrasound (US)[4,5]; the common diagnostic method for liver fibrosis is liver biopsy[4]; the diagnosis of liver cancer (LC) mainly uses imaging images and biomarkers, and the staging mainly uses the Barcelona staging system. However, due to subjective and invasive factors, the current examination methods have certain limitations in the diagnosis of some liver diseases. The sensitivity and

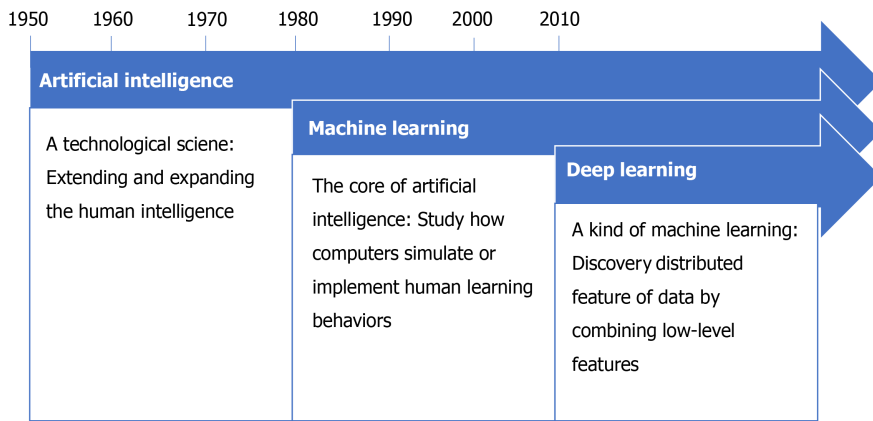


Figure 1 Timeline of the main concepts of artificial intelligence.

specificity of liver US decrease with increasing body mass index because US is subjective. As a solid tumor, hepatocellular carcinoma (HCC) has significant temporal and spatial heterogeneity, which can predict the treatment response and prognosis of HCC[6]. The Barcelona staging system does not include the histological and molecular characteristics of tumors. The application of AI has filled the gaps in these respects. By designing noninvasive examination means to intelligently analyze images and pictures, AI has improved the diagnostic efficiency and accuracy of clinicians.

### Design noninvasive examination

The prevalence of NAFLD is currently increasing, and there are currently no accurate diagnostic means or targeted medicines. The application of AI can realize the early diagnosis of NAFLD, which is expected to reduce the further deterioration of the disease. Current research has developed automatic liver segmentation based on deep learning tools used for quantitative abdominal computed tomography (CT) of liver fat. This fully automated CT tool provides rapid and objective assessment that can be used in a large retrospective cohort for future studies. If hepatic steatosis proves to be an independent risk factor for future adverse events, the automated tool can also be used for opportunistic NAFLD screening with any nonenhanced CT, including liver (abdomen or chest) scan, regardless of the clinical indications of imaging[7]. In addition, a technique that combines noninvasive markers with the ML approach is suitable for optimal identification of NAFLD risk assessment and can also be extended to predict other types of disease caused by metabolic syndrome[8]. The use of ML algorithms to establish a prediction model of NAFLD based on laboratory parameters is also a current research direction. A prediction model named the NAFLD ridge score, which can be easily calculated and obtain a high negative predictive value, is recommended as the simplest and most predictive ML model to exclude NAFLD[9].

Liver fibrosis, regardless of the etiology, is believed to be key to the progression of any form of chronic liver disease (CLD), and persistent fibrosis is widely believed to be a major driver of the eventual development of cirrhosis and liver failure[10,11]. Liver biopsy is considered to be the gold standard for staging liver fibrosis; however, it is invasive and is limited by sample error, interobserver variability and various potential complications[12]. Radiological and serum markers of fibrosis are also used to assess liver fibrosis[13], and it is not reliable to accurately distinguish the stages of fibrosis in these patterns. There is a clear need for safe, effective and reliable noninvasive assessment modalities. A study that aimed to develop and validate a deep learning system (DLS) for staging liver fibrosis by using portal venous phase CT images demonstrated that a DLS trained by using a large amount of CT data allowed for highly accurate staging of liver fibrosis. In this study, DLS was superior to radiologists and serum fibrosis tests in diagnosing significant fibrosis, advanced fibrosis and cirrhosis[14]. In addition, an existing model called deep learning radiomics of elastography has shown the best overall performance in predicting liver fibrosis stage, which has certain value and practical value for the accurate noninvasive diagnosis of liver fibrosis stage in hepatitis-B-virus-infected patients[15].

### Dig deeper into the medical images

HCC is the most common primary liver cancer and has significant temporal and spatial heterogeneity. AI-based imaging, i.e., imaging omics, can quantitatively

analyze tumor imaging to reveal the imaging manifestations of these heterogeneous characteristics. The concept of imaging omics was first proposed by Lambin *et al*[16] in 2012. It mainly extracts a large number of influential features from high-throughput radiological images and then uses statistics and AI algorithms to select the most valuable imaging omics to construct tumor predictive models. In essence, the significance of imaging omics is to dig deeper into the information of traditional medical images to compensate for the deficiency of the human eye.

Similarly, there is a need for better clinical classification of indeterminate liver nodules; however, the use of a single biomarker to predict the presence of cancer is difficult due to its multifactorial nature[17]. An AI-based predictive model of HCC reduced the misclassification rate by approximately half compared with that of a single tumor marker[18]. In addition, radiomics ML can be trained to diagnose hepatic nodules using the European Association for the Study of the Liver (EASL) guidelines in patients with HCC disease classified as uncertain cirrhosis[19]. According to EASL, indeterminate nodules include all nodules that do not provide arterial enhancement and washout [two major Liver Imaging Reporting and Data System (LI-RADS) features] and require biopsy regardless of LI-RADS; however, biopsies of cirrhosis carry life-threatening risks, including bleeding and tumor spread[20]. A study demonstrated that ML-based radiometric features using arterial and portal phase quantitative CT feature changes can enable the noninvasive diagnosis of HCC in patients with indeterminate nodules of cirrhosis. This feature will help to identify patients at high risk of HCC who should be prioritized for treatment to achieve significant clinical benefits[19].

## AN ALTERNATIVE TREATMENT OPTION FOR LIVER DISEASES

Worldwide, CLD is a leading cause of morbidity and mortality[21]. There are a few therapeutic approaches for liver dysfunction, such as direct antiviral drugs (DAAs) for hepatitis C virus (HCV) and transarterial chemoembolization (TACE) for HCC[22]. Because some patients are resistant to DAAs and do not respond well to antiviral therapy and individualized responses to primary TACE vary among patients, AI seems to be an alternative option. AI has attracted attention for treatment of liver diseases in recent years, especially hepatitis C and LC[23]. AI can go beyond human reasoning to build drug-resistance predictive models from many complex combinations and overcome the limitations of traditional techniques, which may be effective in avoiding the emergence of a resistant virus, reducing medical costs and providing precise and personalized treatment advice for doctors and patients.

### Build predictive models

With the popularization of DAAs and the application of new detection technologies and service models, global progress has been made in the detection and treatment of HCV. However, some patients with HCV are resistant to DAAs and do not respond well to antiviral therapy, and the current lack of means to screen these patients may delay disease treatment. AI algorithms can go beyond human reasoning to build predictive models from many complex combinations. A current study identified all variants of HCV whole-genome sequences that could be evaluated, and a support vector machine (SVM) based on a machine algorithm was the best prediction model. Similar models can be used to determine the best treatment for other viral infections and cancers[24].

Coinfection with human immunodeficiency virus 1 and HCV is common in some populations today; however, treating coinfections is a challenge. A previous study demonstrated that a multiple quantitative structure–activity relationship model showed high performance in predicting multitarget inhibitors with anti-HIV and -HCV activity[25]. The application of ML methods enables us to identify variables associated with reduced HCV treatment intake. The most recent variable, people who inject drugs (PWIDs), was identified as a major limiting factor associated with therapeutic intake deficit, even when priority criteria were met. PWIDs refers to people who have been injected at some point but are not currently using oral contraceptives or abusing drugs. In fact, intelligent network interruption analysis has been used as a targeted strategy to effectively interrupt HCV transmission between PWIDs [26]. Its application in clinical decision-making of infectious diseases should be expanded to optimize treatment and prevention strategies.

### **Provide personalized treatment advice**

Due to the well-known limitations of TACE, AI seems to be an alternative treatment option for HCC. Some studies have reported the use of fusion imaging (FI) techniques to overcome the limitations of traditional techniques. FI is an AI-based technology that allows the fusion of two different imaging modes[27]. A prospective randomized study conducted by Huang *et al*[28] showed that the technical response rate of FI in ablation for hepatic nodules < 5 cm was close to 100% and reported the special usefulness of FI in tumors at less obvious and dangerous sites, not only to accurately delineate the target lesion and critical organs, the structures that may be close to the target area of ablation can also be accurately delineated.

The clinical decision support system (CDSS) is the software that is designed to be a direct aid to clinical decision-making, in which the characteristics of an individual patient are matched to a computerized clinical knowledge base and patient-specific assessments or recommendations are then presented to the clinician or the patient for a decision[29]. One study applied AI technology to clinical realworld data of patients with primary HCC, explored the precise treatment of disease and built up the AIbased CDSS, HCC CDSS. In the internal use verification process of HCC CDSS in West China Hospital, the matching accuracy rate between HCC CDSS and the multidisciplinary team treatment scheme reached 95.10%. This scheme is conducive to optimizing the clinical treatment decision of LC and can provide precise and personalized treatment advice for doctors and patients[30].

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## **AI-DRIVEN PREDICTION FOR LIVER INJURY**

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Drug-induced liver injury (DILI) is a serious problem in clinical treatment and a common cause of drug development failure or withdrawal from the market[31]. Therefore, compound hepatotoxicity is important to determine.

Accurate estimation of the prognosis of patients with liver disease can help clinicians make appropriate treatment plans for different individuals; however, due to the complex process of CLD, the extensive impact on the systemic system and organs, and the lack of an adequate understanding of the nature of the development of liver disease, the understanding of the prognosis of different liver diseases is still limited. In recent years, HCV infection among LC patients and the mortality rate of HCV have been on the rise. Therefore, prediction of the prognosis of HCV patients has also attracted attention. Cirrhosis is a common, high-risk disease with slow clinical progression, and readmission and death in patients with cirrhosis are common and unpredictable. None of the clinically available predictive scores for cirrhosis can account for the broad range of clinical and psychosocial factors that may be associated with cirrhosis mortality. Individualized responses to primary TACE vary among patients with HCC. In addition, identifying a robust survival subgroup for HCC would also significantly improve patient care. The application of the prediction model of disease prognosis based on AI can improve the understanding of the prognosis of some liver diseases to a certain extent and provide an auxiliary reference for doctors' decision-making.

### **Analyze drug structure**

AI is a low-cost, fast method to collect information on potential toxicity, and great efforts have been made in hepatotoxicity prediction in recent years. A study proposed that the integration of the Top-5 model could significantly improve the performance of hepatotoxicity prediction. The integrated Top-5 model consists of five base classifiers: Random Forest (RF) using Substructure Count, SVM using Chemistry Development Kit Extended, SVM using Chemistry Development Kit, SVM using PubChem, and RF using Klekota-Roth Count[32]. The deep learning model is also a stable and highly accurate predictive model of DILI, which can provide very useful safety information for early drug discovery and rational clinical drug use[33].

### **Predict risk of deterioration and mortality**

The prediction of the prognosis of HCV patients has attracted attention in recent years. One study showed that the recurrent neural network model was superior to the logistic regression (LR) model in predicting HCC risk in patients with HCV-associated cirrhosis, including patients with supraventricular tachycardia following antiviral therapy; thus, it can be used to identify patients at high risk for HCV-associated cirrhosis to develop HCC and to inform risk-based HCC expansion and surveillance strategies[34].

None of the clinically available predictive scores for cirrhosis can account for the broad range of clinical and psychosocial factors that may be associated with cirrhosis mortality. ML techniques have been used to help fill these gaps in cirrhosis but are not yet widely available. In one study, three AI models were established, including LR, kernel SVM and RF classifier, and showed that these models had difficulty predicting readmissions and deaths in cirrhosis at 30 and 90 d. The accuracy of the AI model is comparable to that generated using the model for the end-stage liver disease-NA (MELD-NA) score alone, requiring additional biomarkers to improve the predictive power[35].

Another study developed and validated a cirrhosis mortality model (CIMM) using variables selected from ML algorithms. The results showed that ML can help select important variables for more transparent risk scoring while maintaining high accuracy. The synthetic hybrid CIMM performed better than the widely used model for MELD-NA score[36].

### **Speculate personalized response**

For patients with LC, individualized responses to primary TACE vary. An AI-based radiomics strategy quantitatively analyses contrast-enhanced US images to predict personalized responses to primary TACE in HCC. There is potential for better selection of Barcelona Clinical Liver Cancer stage B patients receiving hepatic TACE and for better optimization of treatment planning and follow-up monitoring in the HCC management process[37].

Identifying a robust survival subgroup for HCC would also significantly improve patient care. Currently, few studies have integrated multiomics data to definitively predict HCC survival in a multipatient cohort. The survival-sensitive subtype model-deep learning model is of importance for the prognostic prediction and treatment intervention of HCC[38].

## **CONCLUSION**

AI has become an important part of liver disease research, improving diagnostic accuracy, improving decision-making by enhancing predictive power, increasing efficiency through automation, and even predicting liver disease prognosis. Analysis of key biomarkers using ML can also provide deeper insights into the pathophysiology of liver disease. Despite the challenges, the application of AI in the field of liver disease is promising and worthy of further study. Researchers need to further develop new models of AI in liver disease diagnosis and precise treatment and conduct clinical verification to improve the accuracy of the results and promote the clinical application of AI. However, we must also be wary of over-reliance on such algorithms. AI will support rather than replace doctors, although computers and healthcare workers will have to work together. Ultimately, healthcare workers will have to make decisions for their patients based on their preferences, circumstances and ethics.

## **ACKNOWLEDGMENTS**

The authors thank all the participants and staff who contributed to this study.

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